# The tiniest, BIGGEST and most uncommon book on parenting

## Creating a Joy-full Present for self and children

Martin Gustav Riedel

# BlueStarWay Publishing

## Creative Notice: In Divine Service

Martin Gustav Riedel

Divine Law carries restorative Power and compensence.
What is Created by Divine Authority
is Protected by Divine Authority.
We leave it to Divine Law to balance any transgressions.

restorative: give back, put back to former state, return
compensence: remuneration, counterbalance

# Translation Notice: In Divine Service

## Father Which Is in Heaven:

"In Right and Proper Exchange of Information there is but one conveyance in Right and Proper Order of Divine Expression.
**The Divine manifests in multiple ways, in multiple cultures.**
**It is each unto its own way of perception.**

It matters not what others may say or think, it matters always only that which is Divinely Appointed each day.
It was Given unto your perception,
Right and Proper Orderly Progression
of Divine Nomenclature each and every day, step of your way.
Those who transpire to subvert your words and direction shall Penalty pay,
for that which is Divinely Authorized Nomenclature,
subsides, subsists in Grand and Glorious Scheme.

Let no man put asunder that which is Divine in Nature.

**As to exact literal translation, there can be none.**
**It is, would be, a departure from that Divinely Authorized Conveyance should you undertake to do so.**
Yes, the gist would remain intact, however, the nuances, reflections, inflection would no longer convey the subtle multidimensional unrefracted Nature.
It is by Divine Appointment this Conveyance comes in your time, in your way.
**Let not those who would put asunder Direct Divine Conveyance do so, at Penalty of perjury of Divinely Authorized material.**"

nomenclature: system of names used as a science or art
transpire: seek to bring about
subvert: ruin, corrupt
subsides: descends
subsist: as means of maintaining life
asunder: separate into pieces
perjury: voluntary violation of an oath to tell the *Truth*
oath: a solid appeal to the Divine to witness to the *Truth* of a statement or the sacredness of a promise.

# NOTICE TO READER

This book provides a means by which we can share
what we have experienced and come to *Know* in this journey toward
awakening. It was created based on
"where we were" at the time of its conception.
**Future material will show Spiritual Progression in Awakening.**

This material is for individual use only.
It is intended to spark creative contemplation
and consideration of 'if... then...'.
It is intended to provide a means by which you can enhance your
experience of that which is Divine (rather than to provide a means by
which you are told or taught what to believe,
how to behave, and what is right or wrong).

Because this material brings *Light*,
you may find some of it very unsettling.
It is ultimately you who, through your Spiritual Awareness and Prayer
for *Discernment* and Guidance,
must establish the Divine *Truth* of what IS.
As you do so, *Know* that Divine *Truth* is a Progression of
ever expanding refinement.

## Divine Answers *Respect* all living things.

Should you choose to do so, any incorporation of this material into
your life is at your discretion and your sole responsibility.
Know that the Divine / Father Which Is in Heaven
is available to provide additional support in understanding,
learning, or applying this material in your own life.

# In Our Words

We want to make it perfectly clear, especially to the young who have not been raised in the way of Respect, that we have posted the requirement Father has placed for the material presented to be and remain accurate, unaltered, and fully True to the context of His Teachings.

The Penalty He has clearly outlined for subverting this material is not something that would be implemented on an individual level, but by Universal Law. This carries its own retribution.

To those who would scoff at this, thinking themselves immune to Universal Law, we can only say, please be aware that these are not empty words. Ignoring Universal Law and the Father's Way does not bring absolution from the consequences of one's actions. Anyone focused on the Father Knows the Truth of this.

**This is a free e-book. You may freely distribute this material and file only in its complete and unaltered format.** This includes printed material. All material shall retain the “In Divine Service” notice and the Words that Father has Spoken regarding His Authority in Universal Law for the Protection and retribution of violating His Word.

**You may freely reference this material only if you correctly “cite your source”.** That is to say, to make reference to information from Father's material you will appropriately credit BlueStarWay and the name of the material from which the reference was made. **References and quotes may not be taken out of context. Sentences in italics shall remain in italics to indicate direct Conveyance from Father Which Is in Heaven.** No referenced or quoted commentary by Martin, Mister, or Linda is to be given or presented as direct information from the Father, but rather as having been shared by their understanding at the time the material was written.

# The tiniest, Biggest, and most uncommon book on parenting

Written by Martin Gustav Riedel

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Self Published with the Blessing of
Father Which Is in Heaven

With quotes from Father Which Is in Heaven and Source (in italics)
as given to Linda Diane Mead, PhD.
and many times recorded by Martin.

BlueStarWayPublishing.com

*This book is a Gift to you*
*from Father Which Is in Heaven.*

*Know that <u>sentences</u> in italics*
*are direct messages from*
*our Loving Father or Source,*
*"that all may come to see or know*
*that which Honors and Serves*
*the human race."*

*Father Which Is in Heaven*
*Gives you Thanks*
*for accepting His Gift to you.*

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# Side note

The Father Which Is in Heaven referred to in all of the material Linda and I have created is the Father Jesus taught us to pray to in the Lord's Prayer. 'Living God,' 'Father Within,' and 'Father' are used interchangeably and refer to the same Father Which Is in Heaven.

Please take note that the concepts we have “inherited” in regards to Who and What the Father Is, His Desires, Goals, and Aspirations, as well as how He Manifests on Earth and in Humanity are very limited, constricted, and quite frankly suffocating. Please do give yourself room for expansion in this regard and do not be put off by the use of this terminology. The information contained in this book is neither patriarchal, religious, spiritualist, scientific, dogmatic, atheist, shamanic, new age, worldly, alien, nor any other modality. It just Is what it Is.

Also be aware that while there is only one Father Which Is in Heaven and no one else can “claim” this Name, the words 'god,' 'father,' and 'lord' in and of themselves seem to not carry this type of restriction. Therefore, unless one makes it clear that the use of words such as 'God', 'Living God,' or 'Father' specifically address Father Which is Heaven, it is possible for any number of entities floating around with a 'god' or 'lord' complex to answer the call.

That this is not an issue to be taken lightly is shown for example by the vast numbers of people throughout history who have gone to war, plundered, and taken human life presumably under 'god's' direction as well as by the number of people who still subscribe to this day to the divinity of such guidance. It is also shown by the vast number of people who deny, sacrifice, and flagellate self or others in the name of 'god.' Father Which Is in Heaven would never incite such actions. He has made this very clear to Linda and I again and again.

Obviously, there is a great need to be very Discerning in this matter and while it would be easy to get lost in terminology and arguments, this is really a matter of the Heart and of Intention. For the western or 'christianized' mind, the term

'Father Which Is in Heaven' together with the refinements included in this book can be a helpful aid to hone one's Heart and Intention in the right direction.

I specifically say 'western' or 'christianized' mind because Father has Conveyed and made it very clear to us that:

*The Divine manifests in multiple ways, in multiple cultures.*
*It is each to its own way of perception.*

And while different cultures do have different terminology and ways of relating to the Father, it is the case that all those who successfully commune with the Divine share common traits such as Harmony and Oneness with Nature, Peaceful disposition, Respect of Self and others, and Sovereign Expression. To these cultures and people the notion of destroying, killing, debasing, conquering, subduing, converting, ruling, dominating, or profiting from their fellow men and Earth is incomprehensible and alien indeed.

Whatever you do and whichever way you Honor and Develop your Relationship with the Divine just remember that Divine Answers Respect all Living Things and that the Divine isn't engaged in any battles.

Something else that needs briefly explained is the convention Linda and I adopted to capitalize certain words that have various, and often times opposing, meanings and therefore are prone to being misinterpreted or misused because of this. In short, when we capitalize words within a sentence we do so to specifically refer to the 'healthy' and thus benevolent interpretation of these words that supports a Life and Sovereign Expression Harmonious with Creation and the Good Will and Intent of the Father Which Is in Heaven. When we write the same words without capitalization we do so to denote the misunderstandings associated with these words.

For example, in our writings, lower case 'l,' love, refers to the common misconception that associates this 'love' with sexual passion (which is a word derived from the Latin word 'pati' which means 'to suffer'), sexual arousal, and / or physical attraction and requires such things as putting others first, attachment, control, self denial, (self) sacrifice, compromise, duty, etc., etc..

Capital 'L,' Love, on the other hand, refers in our writings to a Feeling that Elevates, Respects, Cares, Appreciates, brings Well Being and Comfort, and supports such states of expression as Health, Humor, Kindness, Peace, and Benevolence. An experience that is innate to our Being or Who We Are and is independent of others although its expression in us may be facilitated in their presence just like being in Nature facilitates us getting in touch with our inner Peace.

Similarly, little 'p' play denotes doing things in the way of the world and from the perception of the world. It includes slabor, fighting, resisting, profiting, ruling, destroying, abusing, killing, warring, saving, converting, and trying to defeat or overcome the 'bad guys,' whoever they may happen to be at any given time, so we can be 'safe.'

While, big 'P' Play indicates what we came here to Earth to do: Play in Father's Garden in a Light Hearted, Respectful, Joy-full, Constructive, Edifying Way through which we manifest our Divinity and expand our experience, KNowledge, and Understandings of Creation and Father Which Is in Heaven's Good Will and Intent for us.

As you can see, this convention, while seemingly simple, is of utmost significance to facilitate a Proper interpretation of our writings.

Obviously we can't nor haven't applied this convention to every word we use for that would be too cumbersome. Neither does this convention apply to proper

names, though many times we purposely 'downgrade' a proper name to lower case to emphasize the point we seek to convey.

Occasionally we may miss a capitalization, however the concepts being conveyed within the sentence and paragraph will make it perfectly clear whether we are referring to the 'unhealthy' or 'healthy' meaning of the word.

In-Joy

# A Play of Love

What follows is a great Play of Love.

It is a book on parenting which I developed,
inspired by beautiful experiences with children.

In-Joy

# To Begin

Welcome of the Father, dear reader.

The book you are about to explore is an Expression of Great Love and Gentleness. It is the unfolding of a process that began a long, long time ago - a Desire to find a way to Respect children made manifest. A Desire to support them in their Love for the Father Within.

Without the Gentle Love and Spiritual Gifts of my late wife, companion, and friend Linda Mead, this book would have remained unwritten. The answer in plain sight, yet hidden by pain and anger. Unseen by my tender Heart. Thank you Linda for opening my Heart to the Soft, Pliable, Malleable, and Respectful Love that allows the Father Within to become Present in one's Life. Thank you for the many years of Guidance and Direction from Father Which Is in Heaven and Source we recorded together as we journeyed across these United States in a most unusual adventure. These are the foundation of this book.

Many thanks as well to the individuals, parents, and children who not only contributed to my learning, but also helped transform theory into practice.

Thank You Father and Source for the Gifts You shared with me. Thank You for Blessing the reader of this book by bringing her / him the Gifts You deem are necessary to succeed in the most noble and tender task of parenting.

May Your children Blossom in Truth and Love.

May the Father Walk with you.

Let it be so and so it shall be.

As you read this book, keep in mind that what I have written only expresses how I see things at this moment and is likely to evolve with time. I hold no degrees in parenting, child education, child psychology, or child development. I don't even have children myself! Yet having been a child once, I do have first hand experience of what parenting can do to children. I also have lots of Respect for children and a great Desire to see them flourish in Father's Garden in a Gentle and Beautiful way yet to be experienced upon this Earth.

I have made a great effort to keep this book as simple and accessible as possible, yet it probably still remains a difficult read. Not because of complexity, but because it requires us to face events, mistakes, and sorrows we would rather ignore. This can be painful, especially for people who pride themselves in being 'good,' 'civil,' or 'spiritual'[1]. Current state of world wide affairs show however, beyond a shadow of a doubt, that avoidance of these issues is doing us humans much harm. Thus, we must identify the cause of the infection and purge it so we can cleanse and heal the wound once and for all. This is <u>our</u> task to do, not our children's and we must find the valor and strength to accomplish it for their sake as well as ours. It is time to return to a Joyful and Healthy Life upon Earth.

The strength and valor required to move forward is not easy to find. I know this from experience. Not because of cowardice, but rather because of malnutrition, poisoning, interference, and the weakened state of affairs that is caused by the 'daily grind.' If at any time you feel overwhelmed by what you are reading or experiencing, simply stop and do something else to nourish yourself. A wholesome snack, walking, painting, listening to or playing music, or any other activity that is healthy and recharges you. Then, with renewed strength and confidence, pick up this book again and continue unto a Bright New Day.

[1] Linda and I both faced this pain every time Father showed us our mistakes or misguided actions that were spurred by good intentions or our distorted beliefs of what it meant to be 'good' or 'spiritual'.

Father Which Is in Heaven:

*See this through fruition*
*and great is the reward.*

While it is my high hope that what I share in this book will touch and strengthen Humanity's budding Desire to transform this Earth into a wonderful place for both children and adults alike, the reality is that my capacity to put into words what I see, know, and feel in this regard is still developing. If I fail, the fault is with the messenger and not the message.

In the end, you may discover that the Real Gift is not in the content of this book, but in the Blessings Father Which Is in Heaven offers you through it and thus the window of opportunity it opens in your Life to welcome a Different Way. A Way that can be likened to a sunrise that awakens all that is good in you. Or a fresh and clear Springtime day that envelops you in the fragrance of Love and promises a bountiful harvest full of Joy and Laughter.

Father's Desire to see humanity make Different Choices that lift it up to the heights of human expression rather than sink it to the depths of despair is magnificent indeed. If we would but welcome Father's Good Will and Intent with an open and flexible Heart... how Beautiful Life could be.

Perhaps watching the free youtube movie “The Path of the Horse” by Stormy March may facilitate you getting in touch with Father's Desire and His Gift for you. It just may be one more way horses can help us get in touch with our Hearts, our Humanity, and the Beauty of Life.

Please read this book lightly and know that we share in the same Desire to see things 'change for the better.' Let's treasure this Desire, nurture it, and let it flourish so we may make such future tangible in our lives... even if we see through different colored glasses.

In-Joy...

# To Open

The answer you have been looking for in regards to raising children is Simple indeed. Unfortunately, simplicity is difficult to accept for those trained in complication and thus quite easily dismissed or overlooked. For after all, reasons the convoluted and contorted mind, how can such a 'profound' issue as raising children have simple and universal answers that transcend all cultures?

Yet in Reality, things become quite simple once you grasps the gist of them. This makes the steps to follow very self evident. May you welcome the Wisdom of a simple answer, the willingness to receive it, and the Joy of living by it.

What follows are excerpts from Guidance Father Which Is in Heaven shared with Linda and I early in our journey. At that time, we were in Pojoaque, New Mexico.[2]

Father Which Is in Heaven:

*You must close this chapter of your endeavor,*
*that greater adventures may unfold.*

*[...]*
*Now to the matters*
*of a little girl's Love for her Father.*

*[...]*
*To Rightly define a daughter's Love*
*for Father Which Is in Heaven*
*through human endeavor,*
*is no small matter.*

[2] For the full Conveyance from Father on this topic, please refer to our book "Soul Awakening" available as part of the "Quadripartite" on BlueStarWay.com

*See clearly into the crystal and all is well.*
*Seek not to injure nor rape of small children.*
*See instead with Crystal Clarity*
*the Innocent Desire to Love Father*
*expressed in human Desire.*

*[...]*
*It is no small matter to a child of great beauty*
*to have a tortured Soul.*[3]

*Seeking to Please and Serve the Father Which is Within*
*brings Obedient Trust*
*to the relationship of human father.*

[3]Implicit in this is from abuse.

# The Heart

This Light Hearted Desire children have to Love the Father is truly a most valuable treasure which should be greatly cherished, nurtured, and protected. It is to this end I have set forth the goal of writing this book. It is Truly my Hope that by the time you finish reading it you will not only have a greater insight in this regard, but also a way to make this a reality... for your children... for yourself... and for others.

Let's re-read Father's Words:

*You must close this chapter of your endeavor,*
*that greater adventures may unfold.*

*[...]*
*Now to the matters*
*of a little girl's Love for her Father.*

*[...]*
*To Rightly define a daughter's Love*
*for Father Which Is in Heaven*
*through human endeavor,*
*is no small matter.*

*See clearly into the crystal and all is well.*
*Seek not to injure nor rape of small children.*
*See instead with Crystal Clarity*
*the Innocent Desire to Love Father*
*expressed in human Desire.*

*[...]*
*It is no small matter to a child of great beauty*
*to have a tortured Soul.*[4]

*Seeking to Please and Serve the Father Which is Within*
*brings Obedient Trust*
*to the relationship of human father.*

In welcoming Father's Words, you may have wondered, perhaps just for a second, what transforms this Love toward the Father Within into obedient trust toward human fathers. This answer can be found in another understanding Linda and I received while journeying together. Namely, that 'human fathers' or 'dads' are actually meant to be Father Which Is in Heaven's representative on Earth for their children.

That's right!

[4]Implicit in this is from abuse.

You may think this to be insane, but once you knew this too and naturally believed that everything your dad did was for your own good. For after all, how could Father's representative on Earth behave in any other way than with Integrity, Respect, and Virtue while having your best interest in mind?

# To Heal

What this means is very simple yet quite profound in its implications:

The way a dad interacts with his children
affects their perception of and relationship with the Father Within.

Isn't that something?
Almost frightening, isn't it?

Who knew a man's behavior
was so important upon Creation?
Certainly not me...

Did you?

As you read what follows, let there be no sorrows.

Let there be no guilt for what could have / should have been.

Let there only be the JOY and Thanks-Giving of an Answer found and received.

# With a few examples

Let's put what we have just learned into practice and see what could or perhaps does happen in children's Minds and Hearts when their 'dads' interact with them on a daily basis. You may think the proposed results of such illustrated examples to be far fetched, yet do keep in mind that we speak of babies and very young children. Their 'reasoning skills' are not yet developed and thus the vast majority of them do not have the ability to counteract their experiences with 'logical deduction' of what is or isn't real. To them, everything is an expression of the Father and bears witness to His Nature.

Of course it is usually not the occasional mistakes that cause harm, for Love is very resilient. It is however, when distorted behaviors are experienced on a consistent basis that the opportunity presents itself for children to reach erroneous conclusions that will affect their lives, albeit from a very unconscious level.

Ready to delve in this exploration? If not, it's ok too. Just set this book aside, nourish yourself, and wait until the moment is right for you. Curiosity will let you know when you have reached such time... and I promise, this time it won't kill the cat. Just remember to keep breathing. This will facilitate purging whatever is triggered and surfaces to your attention for resolution.

Stay strong, take a look at it, ask if there is anything to be learned from it, and welcome the Wisdom you will be Given. If necessary, invite Peace or whatever other Divine Attribute you Desire to manifest in your Life and allow the upset to vanish into nothingness just as the dark vanishes from a dark room when the light is turned on.

The more willing you are to go through and face the emotional discomfort so as to welcome Truth, the easier it will be for you to succeed at the noble task of parenting – which is what you really Desire.

Let us then begin while keeping three things in mind. The first is that 'dads' are Father's representative on Earth. The second is that children's innate Love for the Father Within brings obedient trust to their relationship with their dads. The third is that because of one and two, children will likely project the dynamics of their interactions with their dads unto their relationship with the Father or Living God.

I have outlined the first two examples to show you what this exploration may look like. The remainder of them are for you to explore. You can either print the following pages, use some blank paper, or do it all in your head. The benefit of writing the answers down is that you will be able to reference them later as needed. There are no 'right' or 'wrong' answers so allow whatever surfaces to just surface.

**Statement:**

What if... when a dad is too busy to acknowledge a child or invite the child to be a part of "dad's daily endeavors"...

**... a child may project unto the Father:**

- God is too busy
- God doesn't have time for someone like him / her
- He / she is not important enough in God's Eyes
- God has greater concerns than his / her need to KNow and be with Him

**Generating the illusion of a Father / Living God Who is:**

distant and unavailable

**Leaving the child...**

feeling unworthy, insignificant, separated, incapable of seeking Father's Guidance and Presence

**Draw what comes to mind:**

**Statement:**

What if… when a dad withholds validation and recognition or gives only empty or manipulative acknowledgments to a child…

**… a child may project unto the Father:**

- *Father / God doesn't really care*
- *He says he Loves me but that's a lie*
- *What's the point?*

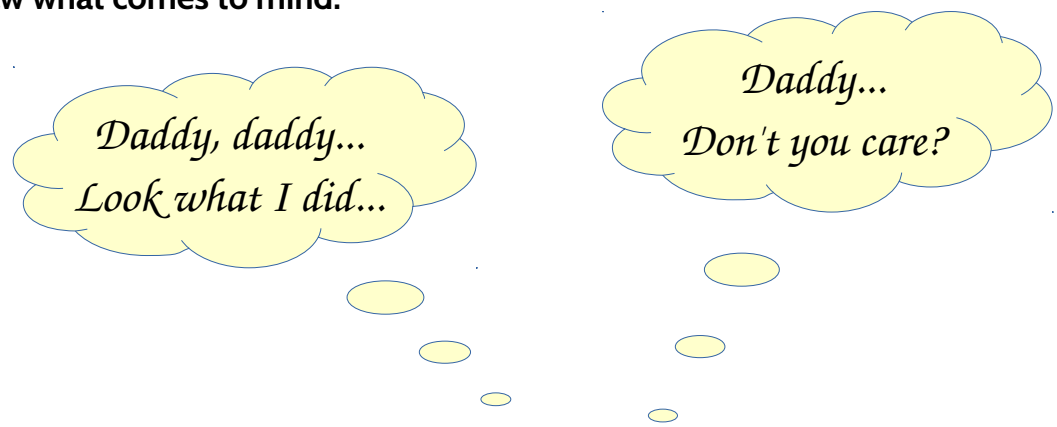
**Generating the illusion of a Father / Living God Who is:**

*empty, meaningless, uncaring, manipulative*

**Leaving the child:**

*disappointed / disheartened*

**Draw what comes to mind:**



**Statement:**

What if… when a dad lies, cheats, deceives, angers, hurts, and abuses a child's obedient Trust…

**… a child may project unto the Father:**

**Generating the illusion of a Father / Living God Who is:**

**Leaving the child:**

**Draw what comes to mind:**

**Statement:**

What if… when a dad taints the environment with profanity, greed, disrespect, envy, toxicity, etc. rather than making it safe and sacred for the child…

**… a child may project unto the Father:**

**Generating the illusion of a Father / Living God Who is:**

**Leaving the child:**

**Draw what comes to mind:**

**Statement:**

What if… when a dad disrespects, lusts, and abuses women, men, and / or children…

**… a child may project unto the Father:**

**Generating the illusion of a Father / Living God Who is:**

**Leaving the child:**

**Draw what comes to mind:**

**Statement:**

What if… when a child enters the age in which he / she wants to do 'everything dad does' and this is met with disdain, ridicule, ignorance, avoidance, rejection, mistreatment, etc. …

**… a child may project unto the Father:**

**Generating the illusion of a Father / Living God Who is:**

**Leaving the child:**

**Draw what comes to mind:**

**Statement:**

What if… when a dad withholds love and approval so as to manipulate and control …

**… a child may project unto the Father:**

**Generating the illusion of a Father / Living God Who is:**

**Leaving the child:**

**Draw what comes to mind:**

**Statement:**

What if… when a dad is controlling / perfectionist and is (abusively) intolerant of anything other than his restrictive and limited notion of 'perfection' or 'righteousness' …

**… a child may project unto the Father:**

**Generating the illusion of a Father / Living God Who is:**

**Leaving the child:**

**Draw what comes to mind:**

**Statement:**

What if… when a dad ridicules a child's efforts, nature, innocence …

**… a child may project unto the Father:**

**Generating the illusion of a Father / Living God Who is:**

**Leaving the child:**

**Draw what comes to mind:**

**Statement:**

What if…

**… a child may project unto the Father:**

**Generating the illusion of a Father / Living God Who is:**

**Leaving the child:**

**Draw what comes to mind:**

**Statement:**

What if…

**… a child may project unto the Father:**

**Generating the illusion of a Father / Living God Who is:**

**Leaving the child:**

**Draw what comes to mind:**

Are you beginning to get the picture?

Can you see how a dad can affect a child's relationship with the Father Within?

Can you recognize now how your interaction with your dad influenced your relationship and perception of the Father Within?

Can you recognize the importance of mending this for your own benefit and thus, that of your children?

# ... and a few clarifications ...

Before we progress it may be of value to keep the following thoughts in mind:

- Children of any age require validation of their needs and experiences. All of their experiences are important to them and play a significant role in their development. It is a mistake to write them off as meaningless because they occur at an early age. Quite on the contrary. These experiences will become the foundation upon which future growth develops and many times carry a greater level of urgency than that of adults.

  For example, a hungry baby cannot simply walk to the kitchen and grab something from the refrigerator to satiate his / her hunger.

- Perhaps when children seek to emulate their dad, they are asking for validation of who they are and the value of what they have to offer.

- Perhaps the stage in which children seek to emulate their dad is also an external manifestation of their Desire to be like the Father Within. To show how much they Love and Respect Him and how much they Desire to manifest His Presence in them. To show how much they Desire to follow His Ways.

- Perhaps when children go through this stage without support and validation, they conclude they are something other than Father's / Living God's child. After all, if they were His Children, wouldn't they have been inherently worthy of His Love? Respected and Appreciated? Welcomed to follow in His footsteps? Welcomed to manifest His Presence in them?

And so it is that with their most Honest, Pure, Sacred, Selfless, and Whole-Hearted efforts to show their Love for the Father Within and their need to Please Him through His representative on Earth ridiculed and taken advantage of ...

... and with their most basic and Sacred need for Respect, Love, and validation abused and unmet...

... is it any surprise children may succumb to the false witness that Father / Living God will never be the Real Answer to their needs?

... is it any surprise they may succumb to the notion that it is unacceptable to welcome, nurture, and manifest Father's Presence in them?

... is it any surprise, disappointed children turn away from the Father Within and begin to seek validation / love & approval / fulfillment in idols and false gods?

Are you beginning to recognize
why children may turn from obedient Trust
to rebellion?

Why children turn away from the Father Within
and begin to live a life of pretense?
Aided and encouraged by their own parents?

The tooth fairy...
The easter bunny...
Santa Claus...
Cartoons...
Video games...
Books...
Once a week worship...

Do you realize, as Linda once pointed out,
that the loss of Eden was not a one time event that happened eons ago?

That in reality,
it’s a daily occurrence that happens every time
a child turns away from the Father Within
to embrace the world / religion?

That it's an event that happens every time
a child’s Sacred Trust for the Father Within is broken?

Father Which Is in Heaven:

*Having sought the Father Within*
*and met death and destruction*
*makes it impossible to further this Endeavor.*

*The select or gifted few are the only ones*
*able to find connection / centeredness.*
*All others loose Source for the world.*
*Baseball, football, swimming, dolls,*
*all take the place of connection to Source.*
*A tall price to pay for small reward or exchange.*

Can you begin to recognize the impact
parenting can have on children...

...and therefore, how important it is
for children to have virtuous parents who are True
to the Good Will and Intent of Father / Living God for His Children?

Contrary to indoctrinated belief:

**children are NOT our future**

**and**

**the future is NOT in their hands.**

Instead:

We

- parents, adults, and elders alike -
are our children's future.

We are the ones
who have already made the mistakes
and can recognize the
hanging carrot for what it is.

We are the ones
who can Truly make a difference.

How?

By creating the conditions
in which our children can thrive
and experience the Good Will and Intent
of the Father Within for their (and our)
Joy and Well-Being [5].

[5] Please refer to Janet Conner and her material to learn more about the significance and importance of 'creating the conditions' for things to become a reality.

Therefore, this is a call to all parents, adults, and elders alike to wake up and embrace a Different Way. A Way which allows the Good Will and Intent of Father Which Is in Heaven for each of us to be Active and Present upon this Earth... this life-time...

... for our own sake ...

... and for the sake of our children.

In this, we allow the face of this Earth to be changed for good.

No one to kill

No one to save

No one to convert

No one to indoctrinate

No one to force

No one to manipulate

No one to overcome

No one to control

No one to sacrifice

No one to condemn

Instead:

This is a Joy Full and Light Hearted Process that simply begins or continues with you as you welcome and 'create the conditions' that allow yourself and your children to Honor their Love for the Father Within.

May the Love, Joy, Laughter, and Grace
of Father Which Is in Heaven
accompany you in this most wonderful,
happy, and sacred Journey.

# So as to do it Differently

While the answer to doing it Differently is quite simple indeed, as Father once explained, simple is not to be confused with "easily accomplished".

The very first thing one must recognize and come to terms with to succeed in this noble Endeavor of parenting is the fact that the Father Within is Benevolent and that therefore, His Creation and His Good Will and Intent for us is Good.

Father Which Is in Heaven:

*By Design,*
*you are that which is Merciful and Delicate* [6].

[6] This is different than weak and helpless.

From the dictionary... [7]

merciful:

- exercising mercy
- benignant, gracious
- humane
- unwilling to give pain or punish

mercy:

- a disposition to exercise compassion
- a blessing, grace

kind:

- showing tenderness or goodness
- disposed to do good and confer happiness
- natural instinct or disposition, characteristic of a species
- friendly
- proceeding from or characterized by goodness, gentleness, or benevolence
- native

humane:

- belonging to mankind
- disposition to treat other human beings or animals with kindness
- benevolent:
  - wishing well to others
  - manifesting love to mankind and a desire to promote their prosperity and happiness

[7] All definitions in this book were obtained from "The 1913 Webster Unabridged Dictionary" using a method developed by Linda and explained in her book titled "Dreams and Days: Diamonds of your Design."

From the dictionary...

delicate:

- pleasing to the senses
- refined
- a delight
- requiring right and proper treatment, not meant to endure hardships
- sensitive
- nicely discerning
- careful not to trespass or offend
- dainty:
  - dignity:
    - true worth
    - elevation of mind or character
    - excellence
    - fundamental principle
  - honor:
    - nice sense of what is right, just, and true
    - virtue
    - integrity
    - uprightness
    - trustworthy
    - pure
- delicacy:
  - delightful
  - elegance:
    - complete absence of what deforms or impresses unpleasantly
    - absence of everything offensive
    - tasteful, beauty

Once again,

Father Which Is in Heaven:

***By Design,***
***you are that which is***
***Merciful and Delicate.***

This is to say:

Humanity is inherently and naturally
good in Heart and Nature.

Earth is a Safe and Sacred place
created to support the best and highest
in human nature.

Us having forgotten this absolute Truth
does not invalidate it.

Instead,
it simply indicates there is a need to
reawaken and reclaim this Truth in our Lives.

Please do take this Conveyance from the Father to Heart.

Father Which Is in Heaven:

*Good Will*
*is that which is your Father's Intent for you.*

*His Intent*
*is for your Blessedness, Wholeness, and Completeness*
*out of the Consciousness / Awareness of the*
*Love that you are.*

***Will His Intent for you to be manifest.***

***Divine Answers Respect all living things.***

One way to recognize the Good Will and Intent of the Father Within for you, Nature, humanity, and your children is through everything that is:

*Pure*

*Good*

*Simple*

*Loving*

*Gentle*

*Joyous*

*Light Hearted*

*Abundant*

*Holy*

*Nourishing*

*Nurturing*

*Healthy*

*Creative*

*Natural*

*Elegant*

*Tender*

*Respectful*

*Play-full*

Through everything that kindles
your own (and humanity's)
Gentle, Light-Hearted, Joy-Full Nature.

Father Which Is in Heaven:

*... that which is by Divine Nature*
*inherent in humankind, humans*
*is that which is Noble...*

*Every moment of every day*
*that which is by Nature kind [...]*
*is inherently awakened through*
*that which is Holy* [8].

Not through catastrophes or hardships.

It's that simple...

[8] While the world teaches us that buildings, beliefs, books, and wars are holy, Father has a very different perspective. Holy is His Creation. The sunrise or sunset that warms your Heart, the healthy Feelings a beautiful flower awakens in you, the very Earth and her environment that graciously supports you, the vegetation and animals that feed and clothe you, all that is sublime... and ultimately you as well.

I recognize that this may sound completely nonsensical to you at this time and that is ok. I used to think along the same lines before Linda and I met and we began our Journey with the Father. If needed, please do ask to be shown the veracity of Father's Words and His Good Will and Intent for humanity in a way you can understand and welcome it.

This is really important for we need to let go of any false testimonies we experienced against the Good Will and Intent of the Father Within for us and His Creation if we are to succeed at the noble task of parenting.

By now you should be able to recognize how your relationship with your dad affected your perception of the Father Within. Later, we will look at how women contribute to this misconception.

Having taken a first attempt to correct our perception of Father's Good Will and Intent, let us now consider some options to enhance your Life and that of your children.

What follows are nothing more nor less than suggestions that may facilitate your success in the noble task of parenting.

These suggestions are based on what I have found to be helpful in my own life thanks to Linda and Father.

Receive them lightly.

Remember, the real Gift is not in the content of this book but in the Gifts, Visions, and Guidance Father Which Is in Heaven offers you through it.

## *For you*

Laying sorrow down and choosing Joy [9].

[9] See Appendix – Freedom Prayer

Learning to forgive.

Forgiving self.

Forgiving those who hurt you.

Forgiving parents for not knowing or willfully neglecting knowing better.

Forgiving Father Within / Living God for "not being there"
when you were the most vulnerable and needed Him the most.

Making different choices [10].

[10] Don't be surprised to find a lot of anger here, especially toward the Father. This anger is truly not worth holding on to. Just let it go and welcome Peace. Refer to the Appendix for support in letting go.

Recognizing that forgiving is not the same
as making a "wrongful action" right and acceptable.
Neither does it mean that one continues to endure the transgression
while pretending all is ok.

It simply means
that one will no longer hold "grudges" and “condemnation”
against the person who "did it to you".
Thus one ceases to be controlled by him / her.
This brings the Clarity needed
to make different choices

It is an internal, personal, and private process
through which one learns to stand up for self
without the need for a “fight” [11].

[11] Caesar Milan, in his 'Dog Whisperer' TV show, exemplifies this quite well, albeit with dogs. Nevertheless it proved very beneficial for me to watch this put into practice over and over again until I got it.

Letting go of pain and being willing to recognize parents shortcomings (whether due to ignorance or purposeful choice).

Correcting one's relationship with dad
- with or without his support,
whether he is alive or 'dead.'

For example:

Learning to Respect his choices
even though one may disagree with them.

No longer being his obedient or rebellious child.
You are a man or a woman. Follow your own Path.

Behaving Respectfully and learning to relate to him as his equal
rather than inferior or superior.

No longer pleasing him
and fulfilling his unfulfilled desires and expectations.

No longer hating him for what he became and did.

No longer trying to 'save' or 'change' him.

Peacefully standing up for self and setting boundaries and limitations
of what is and is not acceptable behavior during your interactions.

Recognizing it is not your responsibility to keep him alive
and that it is ok, if necessary for one's well being,
to Respectfully end all interaction and communication with him.
Making sure this is accomplished in Peace and not out of resentment.

Recognizing that your relationship (or lack thereof) with dad
may have affected your perception / relation with the Father Within.

If applicable, letting go of this false witness against Father's Love for you.

Asking Father to become Present in your Life
and to Show you the Truth of His Loving and Kind Nature
that you may become a witness of this Truth
unto your children and unto all those you meet.

No longer living by the world’s unspoken golden rule of
"doing unto others as it was done unto you".

Which is to say,
allowing self to be shown
how to relate differently
with children, spouse, and others.

Allowing them to follow
their own Path and Life
with the Father Within.

As one of my mentors suggested,
"gain the learning and understanding
that each experience brings
and change actions accordingly."

As you heal and correct your mistakes,
you also free your lineage...
past, present, and future.

This is a beautiful legacy to share.

Welcoming a more accurate understanding of Respect [12].

As Linda once asked me:

"How do you know when you are being disrespected
when you don't even know what it means to be Respected?"

Which is to say,
how do you know when you disrespect your children
when you don't even know what it means to Respect them?

[12] For greater development in this area, refer to my book titled "Respect – A Different Perspective"

Learning to value the expression of Virtue in your Life
that you may succeed in your task as Father's Representative on Earth
and you children may develop
a Healthy Relationship with the Father Within.

Recognizing that to believe Virtuosity is boring and constricting
is as insane as thinking Health is undesirable.

If you doubt this,
please go to a hospital
and see how much "freedom" and "fun"
the sick and dying are having.

From the dictionary…

**Virtue:**

< Latin virtus: manliness, strength, bravery
< vir = man

Do you realize the meaning of this?

It's very simple:

By definition,
no man can be qualified as brave, strong, and / or manly
unless he lives a life of Virtue.

Said differently:

Virtue is what makes
a man...
a man.

Are you a man?

Or are you a wanna be?

Which did the Father Intended you to be?

Virtue, by its very definition, reawakens us to the Truth of man's natural tendency to be good, honest, just, and upright out of Pure Love for what is Right and the Desire to Live by this Truth.

Any deviation from this Truth is a forgery of Father's Good Will and Intent for His Creation. It is a false witness against the True Meaning and Expression of Manhood and, as outlandish as it may sound, is nothing more than a sign of sickness or nutritional deficiency which can be easily corrected.

## *For you and your children*

Asking Father to remove from your children
the negative effects of your mistakes
while retaining or gaining the learning
needed to make Different choices.

Asking Father to bring them
the understandings and gentle experiences needed
to Blossom in Universal Truth and in His Love for them.

If appropriate,
talking to your children and explaining to them what you now know.
Then changing your relationship with them for the Better.

Showing them by example
how to prevent
the same generational mistakes
your lineage has been repeating over and over again.

That is to say,
do some genealogy research
to identify those mistakes,
the circumstances that led to them,
how they could have been prevented
and what needs done now
to correct these mistakes and
ensure the lessons are learned.
As you share this wisdom
with your children,
future generations are set free [13].

[13] Father has suggested men focus on their male lineage and women on their female lineage for the purpose of this exploration. According to Father, leaving the land is one significant mistake to look for in your lineage's history. Why this is so should become apparent by the time you finish reading this book.

Recognizing the preciousness and value
of children's innate Desire
to "*Please and Serve the Father Within*."

To the best of your ability,
doing everything you can to strengthen, support, and validate
this Virtue in them
and yes,
in you as well.

That is to say,
nurturing this quality in your children and in yourself
that it may Blossom and manifest a new Heaven on Earth.
**Nutrition is key here.**

Marveling at the Presence of the Divine at work in the nature of Humanity as seen in your children and learn from it.

Wondering, observing, and learning from Father's Presence
at work in your children.
This may help you reawaken to His Presence in you.
His Works are:

*Pure*

*Simple*

*Gentle*

*Light Hearted*

*Holy*

*Nurturing*

*Creative*

*Elegant*

*Caring*

*Powerful*

*Good*

*Loving*

*Joyous*

*Abundant*

*Nourishing*

*Healthy*

*Natural*

*Tender*

*Innocent*

Placing the task of parenting first in your Life

and...

when you find yourself having to choose between
parenting, work, and / or worldly “fun”,
always choosing parenting first.

One cannot be penalized for making a choice that is Pleasing to the Father.

One can only be rewarded for it.

Affirming and claiming this Truth.

Developing and nurturing your Trust in the Father Within
by inviting Him back in your Life
and allowing Him to Show you
what is best for your children.

Welcoming the Gifts your children would share with you
as they act upon their Desire to Serve and Please the Father Within.

Recognizing how much better something will become
when you include them in your activities
(if it is safe to do so).

Having healthy

fun

and

laughter

with your children.

Treating your children as equals rather than inferiors or subordinates.

Your children are not here to please and serve you.

Neither are they here to fulfill your unmet desires or longings,
much less to save, convert, or conquer the world.

Instead,
they are here to fulfill their Vision
with the Father Within
– just as you are.

Recognizing in your Heart and Mind,
that no matter how young a child might be,
his / her experiences are as important and valid as yours are to you.

Validating their unique creative gifted and spiritual nature
by Respecting who they are and the Father Intended them to be.
This may require expanding your awareness
into Healthy areas of expression
you have been taught to fear and deny.

Validating their choices to manifest
their Loving, Respectful, Caring Nature
so they can learn to identify this behavior
and value it.

Validating their choices, interests, and likes
that support their Vision
with the Father Within
so they may be strengthened upon this path.

Supporting the stage in which children emulate parents
and when the time is Right
Respectfully explaining to them
that there is no need nor expectation for them
to 'measure up to' or be 'greater than' dad or mom.

In other words,
setting them Free to be who they are[14].

[14] This is different than setting them loose to self destruct and be disrespectful or harmful to self or others. Remember that by Design we are that which is merciful and delicate.

Learning to Truly feed and nourish self and children
by familiarizing yourself with the work of Weston A Price [15]

Proper nourishment is of utmost importance.

Father Which Is in Heaven:

***Do <u>not</u> take lightly***
***the nourishment of your body.***

[15]http://www.westonaprice.org/

Teaching children
only about the Loving Kindness of the Father Within / Living God
and His Good Will and Intent for them and His Creation.

Teaching them the pitfalls of competition
and the Blessings of collaboration.

Considering the following Guidance Linda and I received:

*Be ware of those things*
*which do great harm*
*to your* [and your children's] *Soul Endeavor.*

From the dictionary...

harm:

- that which causes injury, damage, or loss
- evil
- to hurt or wrong
- to cause trouble, sorrow, grief, agitation, mortification, or vexation
- anything which impairs the happiness of a being or deprives a being of any good
- anything which causes suffering
- a disease
- toil, fatigue

evil:

- producing injury, sorrow, distress, calamity
- pernicious:
  - destructive
  - tending to kill
- hurtful
- vicious:
  - defective
  - faulty
  - not correct or pure
  - bitter or spiteful
  - corrupt in principles or conduct
- wicked:
  - contrary to Divine Law
  - unjust
  - one who exercises more than common power of attraction

Considering also
this Guidance Linda and I received:

*It is better by far*
*to engage that which is sublime in your Endeavor*
*than that which degrades and demoralizes the Soul.*

[The] *Soul is degraded by*
*horror and desecration.*

From the dictionary...

degrade:

- to lower in character, morals, and intellect
- to debase, disgrace, shame
- to deprive of dignity
- reduction of strength, efficacy, or value
- gradual wearing down or wasting
- arrest of development
- degeneration of any organ, or body as a whole

demoralize:

- to weaken the spirit
- corrupt:
  - change from a sound to a putrid state, from good to bad
  - abounding in errors
  - not genuine, falsify
  - to debase or render impure by alteration or innovation
  - deprave:
    - to speak ill
    - distort, malign, pollute, contaminate
  - pervert:
    - turn from Truth, lead astray
    - misinterpret
    - divert from true intent [of Creator]
  - defile:
    - to make foul, filthy, dirty
    - to violate
    - to injure in purity of character

From the dictionary...

horror:

- painful emotion of fear, dread, and abhorrence
- gloom, dreariness
- shudder with terror and detestation

desecration:

- divert from sacred purpose
- violate sanctity of
- to profane:
  - pollution, impurity
  - to put to wrong use
  - abuse

terror:

- extreme fear that agitates body and mind
- coercion by intimidation
- violence

detestation:

- extreme hatred
- to condemn, loath
- to curse while calling a deity to witness

abhorrence:

- repugnant

From the dictionary...

sublime:

- elevated by Joy
- to exalt, uplift
- distinguished by noble traits
- eminent
- majestic:
  - regal, kingly:
    - belonging to, suitable to, or becoming a sovereign, or one with original authority

noble

- above whatever is mean, degrading, or dishonorable
- honorable
- free
- commanding excellence:
  - valuable, worthy
  - exquisite:
    - carefully selected or sought out
    - delightfully excellent
    - rare
    - exceedingly nice

Once again:

*It is better by far*
*to engage that which is sublime*
*in your Endeavor...*

*...than that which*
*degrades and demoralizes the Soul.*

*[The] Soul is degraded by*
*horror and desecration.*

Said differently:

Rather than engaging your and your children's time and attention with things that destroy or undermine morals, character, and intellect, weaken the spirit, bring confusion, error, and sickness, impair physical and mental function, malign, misinterpret, and speak ill, lead astray, devalue character and dignity, and corrupt and pervert the Soul away from Father's Original Intent for it... rather than wasting your and your children's time fearing, hating, cursing, condemning, misusing, abusing, polluting, and violating that which is Sacred...

... do it Differently.

Father Which Is in Heaven:

*It is alien or foreign to your Nature*
*to engage in, or obtain that which is*
*heartless and deceitful by design.*

Instead,

focus your and your children's time and activities on things that raise and elevate the character and dignity of the Soul and therefore naturally promote healthy laughter and goodness, healthy states of mind, Joy, and appreciation for that which purifies and ennobles the Soul. Those things and activities that are befitting of sovereigns who know their original authority and conduct their lives in a delightfully excellent way that allows their noble traits to be developed, expressed, and strengthened.

Source:

*... seek first / instead to,*
*in all ways,*
*subscribe to the Original Tone / Will / Intent*
*of Divine Expression Incarnate.*

Father Which Is in Heaven:

*There is nothing Greater / more than*
*your True Nature*
*and Understanding of the Divine*
*at work in the world*
*in the Nature of Humanity.*

That is to say,

allowing self and children to experience and relish the real Joy
that comes from everything that is

*Pure*

*Simple*

*Gentle*

*Light Hearted*

*Holy*

*Nurturing*

*Creative*

*Pleasing*

*Respectful*

*Elegant*

*Good*

*Loving*

*Joyous*

*Abundant*

*Nourishing*

*Healthy*

*Natural*

*Strengthening*

*Powerful*

*Play-full*

As said before:

This is a Joy Full and Light Hearted Process.

May the Love, Joy, Laughter, and Grace
of Father Which Is in Heaven
accompany you in this most wonderful, happy, and sacred Journey.

# Story Time

The following two stories help illustrate what can happen when one allows things to be different. The first one involves my experience with a boy and his young dad. This interaction actually became the springboard and inspiration for this book.

## *Story 1*

At the time I met this family in a rural community, Johnny was about 2 1/2 years of age and at a stage in which he greatly Desired to be like his dad. He was determined to do "grown up" things even though he was just a bit too young to succeed at this. A situation which led to a lot of frustration and crying on his part. You should have seen this little boy hopelessly express his anguish whenever his attempts were thwarted by seemingly "overpowering obstacles." In fact, until I met Johnny, I had no idea whatsoever that early childhood in what I would call an idyllic setting could be so frustratingly sour.

Johnny's dad, Brian, was in his 20's and was at that time undertaking the construction of a large stone cellar which required the use of mortar. Now, while the use of mortar is in and of itself not a big deal, Brian had determined he was going to finish the cellar by the end of the year. Again, something that would in and of itself not be a big deal were it not that it was already autumn and freezing temperatures were becoming more and more frequent. The problem? Mortar and freezing temperatures do not mix very well and can result in structural weakness.

Needless to say, Brian was completely focused on quickly and efficiently raising the stone walls so he could pour the cement roof before it became too late. He was highly stressed and the last thing in his mind he had time for was addressing his boy's needs.

Feeling great compassion for this young boy, I decided to make myself available whenever I happened to be around and Johnny would be crying or screaming in frustration.

"Hi Johnny. What's happening?"

"The cart is stuck!"

"Ah, let me see... look! Here! The wheel is stuck against a stone. Why don't you just go around it? That's easier than trying to push your way through."

"Let me see."

"See that big stone? It's in the way. Just back up the cart and go around it..."

"Like this?"

"Yes, just like that."

Ok... I did it!"

"Yes you did! Well done! You are a strong boy, just like your dad. You can do a lot of things just like him."

And so it was that slowly but surely, the few experiences I had with Johnny began to transform tears into smiles and self confidence. He was learning he could solve problems just by himself without the need to cry until either mommy "rescued him" or a frustrated daddy delivered him to mommy.

As I continued to interact with Johnny, I noticed that he was also very prone to mishaps and "accidents" that caused him a lot of physical pain. To me, this was a sure sign that he was probably being spiritually assaulted by either a spirit trying to possess / control him or / and someone's ill will / curse toward him.

Rather than ignoring or excusing such accidents as everyone else was doing, I began to give Johnny some direction.

"Johnny. You don't have to play this way, you know?"

"Be more aware Johnny. You can tell this thing to leave you alone and it must go."

"Be gentle with yourself Johnny. You get hurt when you distance yourself. Stay present."

"The real Johnny is strong and gentle. I know he has a good Heart. Come back Johnny."

"Yes you can do that but watch what you are doing so you're safe... Well done! You did do it safely."

"You don't have to allow them to hurt you Johnny. Say, I choose to be gentle with myself. Be present and mind what you are doing."

Now little Johnny was also learning he could do something about this problem as well and his confidence continued to grow.

With the winter looming ever closer in the horizon, I began to shift my focus toward woodcutting to ensure I had an adequate supply of firewood to stay cozy warm even through the coldest of days. So one day, while I was "sawing my morning away", I felt someone behind me. Turning around to confirm my gut feeling I saw little Johnny shyly standing next to a tree.

"Hi Johnny. How are you?"

"Ok." He replied in a quiet and soft voice.

Wondering what to do about this unexpected visit, I became aware of the humongous energy of unworthiness that this little boy brought with him - 'I know

I’m a bother, just find something for me to do or just send me back home.' Realizing the importance of this opportunity, I stopped what I was doing, set my worries aside, and made a choice to do it differently.

"Johnny."

"Yes."

"Would you like to cut wood with me?"

"Yeah!"

"Ok, this is what we are going to do... "

And for the next couple of hours – no exaggeration – this little boy and I cut increasingly larger branches using a bow saw as a two man saw. That is, he on one side of the log and me on the other; both moving the bow saw back and forth in unison... or at least trying to...

During this time, I taught him the little I knew about sawing and with a Joyful Heart, Johnny volunteered to stack every single piece we cut into my growing wood pile. This little 2 1/2 year old boy literally wore me out. I was amazed at his strength.

"Boy you’re strong."

"I cut it."

"Yes you did."

"Where should I put this?"

"Right on top of that log."

"Here?"

"Yes, there."

With great determination, he stacked the piece of wood. "I did it."

"Yes you did. Thank you."

"Let's cut another one."

“Another one? Are you sure?”

“Yes!”

Every time I would get concerned about being set back in my quest to amass enough firewood for the winter, I would reaffirm to myself that Father and His Creation would not penalize me for making the right choice. That instead, I would be rewarded for it.

And so it was. To my amazement, I knew at the end of that day that I had somehow managed to cut more firewood with little Johnny's help than I would have on my own had I simply ignored him and sent him away.

Surprisingly, and to my Heart's delight, this scene repeated itself several times and grew to an even larger scale when Johnny's friends found out and began joining us in the woodcut.

It was such a beautiful time… such a beautiful gift.

Content with myself, I began sharing my experiences with Brian and explaining him what I was learning and being shown through my interaction with Johnny.

"If you embrace your son's help, you won't run out of time."

"But, I don't have the time... I need the cellar finished."

"If you choose to do what's right in Father's Eye, I can assure you, you won't be penalized. The weather will cooperate. Plus, like William explained to me, once you loose this window of opportunity with your son... it's gone."

When the opportunity presented itself to help Brian with his cellar construction, I embraced it wholeheartedly. This gave me a chance to become a temporary bridge between a dad who thought he had not time for his son and a son who strongly needed his dad's validation.

"Look daddy, I got a stone for you."

Silence...

"Here Johnny, give it to me and I will give it to your daddy. I think we can use it on this wall."

"Daddy, daddy! Look at this stone!"

Silence...

"Wow, that's a nice one and big too. Boy you're strong. Lay it here so your daddy can use it."

Being goodhearted, Brian caught up quite fast.

"Johnny."

"Yes daddy."

"See if you can find me a little stone."

"Like this one?"

"That's a little too thick. Find me a thinner one.

"Like this?

"Yeah, that's the one. Thanks."

When all was said and done, not only did little Johnny get to haul stones for us through the remainder of the project, but eventually, he was also allowed to lay some stones in mortar. He was such a happier little boy.

And yes, to everyone's amazement, Brian was able to pour his roof and finish his cellar through the month of November. The weather did cooperate as expected.

Father's Heart and Good Will for us is beautiful indeed.

## *Story 2*

The second story comes from a man I met during my stay in Iowa.

"One day," he shared, "I came home from work and was greeted sharply by my wife.

You need to deal with your daughter! she told me.

Recognizing how sensitive the issue was I simply asked what happened.

She ruined our new dining table! was the reply.

I went inside without saying a word and took a look at the table. I was shocked when I saw what my daughter had done. She had taken a knife and used it to carve the words 'daddy & I' on it. It took a lot of money for us to buy that table. I didn't know what to do, so I went outside to pray. You know what the Father said to me?"

"What?" I asked.

"He Said: Isn't that beautiful?"

"Oh wow."

"I said that too! Suddenly I realized this table had become way more valuable than what it was before. My daughter loved me so much that she carved those beautiful words on it. I went inside, called my daughter and explained to her how glad I was she felt this way and simply asked her to not carve on our furniture again."

Such a beautiful story.
So gentle.
So the Father's Way.

Isn't it amazing
how things can be so different
when one is willing to listen to the Father Within?

This little great story proved to be quite helpful one day when dealing with Mister, my late great Pyr dog. As it turns out, I had just spend most of the day clearing an overgrown area around the house and had barely managed to plant all my ferns before dark. Dirty and tired, I went inside to refresh myself and eat a snack.

Soon thereafter, I returned outside to "admire" my work but, to my great dismay, I found Mister happily laying in the midst of my gardening project. Like the good Pyr he was, he had lounged himself into a hole he had dug in the ground while I was inside. There was not a single shred of remorse in his smile, only Joy and satisfaction.

"Oh my," I thought, "all that work for nothing... how am I going to keep him from tearing it all apart?"

It was then I was reminded of my friend's story. I took a pause and asked. "What shall I do? How should I handle this?"

"Isn't it beautiful?" was the response. "He loved the space you created so much he choose to lay on it."

All I could do was smile in recognition of such Truth. What a nice critique of my work. Thank You Father for this Gift.

This little story has indeed changed my outlook of life for the better.

# Questions and Answers

The following answers to the following questions are nothing more nor less than suggestions that may facilitate your success in the noble task of parenting. These suggestions are based on what I have found to be helpful in my own life thanks to Linda and Father.

Receive them lightly and be Discerning in your choices and actions.

As mentioned before, the real Gift is not in the content of this book but in the Gifts, Visions, and Guidance Father Which Is in Heaven offers you through it.

Please also keep in mind that what is contained in this book does not constitute any kind of medical, psychological, or religious advice. Neither is it meant to treat, cure, or diagnose any kind of disease or religious disorder. For such, please consult your physician, psychologist, or religious adviser.

## *First Question*

**Q**. What if it's too late? My children are already teenagers.

**A.** The good news about this is that it's never too late. Begin with yourself as suggested before.

You may ask Father Which Is in Heaven to remove from your children the effects of your mistakes and shortcomings. You may also ask He restore them as if you had succeeded in your task as Father's Representative.

Another option is to talk to your children and explain to them what you have learned.

Most importantly, change your relationship with your children for the better. They are your equals. They do need to learn from example how to treat their own (future) children differently and they do need to learn how to identify, undo, and stop repeating the generational mistakes of their forefathers.

## Second Question

**Q.** My child is the antithesis of everything you said. He / she is angry, destructive, cries a lot, has ADD, etc..

**A.** The answer it still simple. Start with yourself as already outlined. Many of your children's 'behavioral problems' will disappear when you Heal or bring closure to your stuff.

Beyond this, your child's abnormal behavior me be related to:

- abusive spouse, relative, or friend - Linda, who had a degree in psychology, once explained to me that older children have a tendency to become "trouble makers" if they think this will help protect their younger siblings from abuse. It's a way to divert the abuser's attention
- malnutrition and / or food allergy
- adverse reaction to vaccination
- technology overload and / or excessive exposure to EMF
- lack of contact with nature and that which is natural and normal
- Soul Healing - we all come to Earth with the need to do at least one Soul Healing.
- parasites
- dental problems – such as mercury amalgams
- geopathic stress lines

- heavy metal contamination
- congestion of the physical body
- mold contamination in house, school, etc.
- yeast infection
- adverse reaction to toxins in clothing, carpets, food, plastics, bedding, etc.
- curses, spells, and possession - I once heard an interesting radio interview in which the guest, who had been the victim of black majik, explained how he eventually realized that some of the greatest religious devotees are the very worst black majik practitioners of all. He reasoned it's their need for 'absolution' that makes them such 'faithful devotees'. Plus... this supports their facade of 'innocence'. My suggestion in this matter is simple: Learn or ask to not be deceived by the 'devil's smile', his / her good 'charms', self-righteous conduct, and seductive words.

## *Third Question*

**Q.** What about motherhood? Do you have any specific information for women in this regard?

**A.** Yes and no.

No, in the sense that as a man, I cannot teach a woman how to be a woman and much less how to be a mom.

Yes, in the sense that while writing this book I was given a simple yet profound insight in this matter. This insight together with the Guidance Linda and I received may be of benefit not only to the women, but also to the men who Desire to do things Differently.

# The Insight...

The insight is simple, yet Powerful in its implications and ramifications:

The environment
a developing child
experiences from conception
through the early developmental years
will help establish his / her perception
of the very Nature and Fabric of Creation.

# ... and its ramifications

That is to say,

when a developing baby (and later child) experiences
a toxic and malnourished environment
where his / her experiences are harmful, degrading, and demoralizing...

... a child may mistakenly develop the belief that Creation is a destructive place.

A false testimony against Father's / Living God's Nature
and His Intent for His Creation.

When a developing baby (and later child) experiences
a healthy and nourished environment
where all that is sublime reigns and prevails...

... a child may develop and strengthen his innate Knowing
of the Loving Nature of the Father Within
and His Good Will and Intent for his Creation.

A True Testimony.

# Said differently

The ‘inner’ and ‘outer’ environments
a child experiences during his / her development
helps set the ground upon which future development rests.

A toxic and malnourished environment
makes a ground that is devoid of Truth and Life.
It is therefore available for malfunction
and can become a stumbling block to overcome.

A healthy and nourished environment
creates a ground teaming with Life and Truth.
It is therefore fertile for Joy and Abundance
and becomes a stepping stone toward a full-filled Life.

This is to say,
the environment a woman lives in and creates in her womb
directly affects her child
and his / her perception of the very Nature of Creation.

In other words,
while men can affect how children
perceive and relate with the Father Within,
women can affect how children
perceive and relate with Father's Creation
and His Garden on Earth.

# ...with a few examples

Let us put what we have just learned into practice. Just as before, remember to keep breathing and ask for the learning. This will facilitate purging whatever is triggered and surfaces for resolution.

Again, I will outline the first two examples to give you a general idea of what this may look like.

You can either print the following pages, use some blank paper, or do it all in your head. The benefit of writing the answers down is that you will be able to reference them later as needed.

**Statement:**

What if… when a woman is malnourished before conception and during pregnancy and lactation…

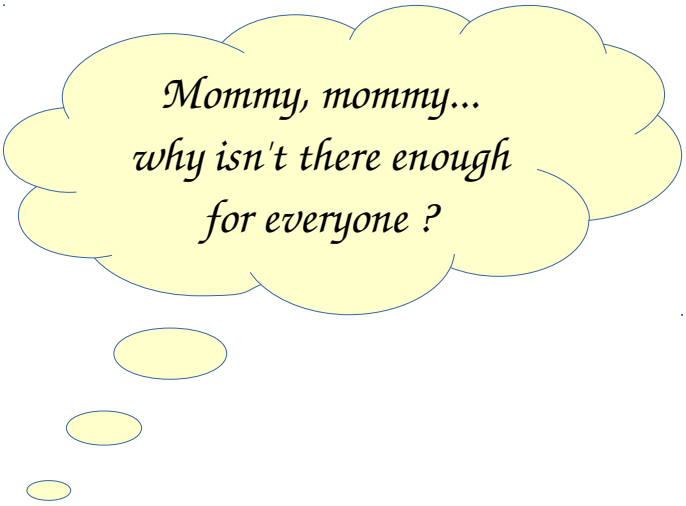
**… a developing child concludes:**

- There is not enough for everyone
- To have what one needs, one must take it from others
- Poverty and famine are normal
- It's my fault my mom got sick or suffered great pain during delivery

**Generating the illusion of a Creation that is:**

lacking, deficient, requires that abundance be obtained at some else's expense, health, and well being

**Draw what comes to mind:**



**Statement:**

What if… when an expecting mom has a toxic inner environment because of the food she eats, the air she breathes, the beverages she drinks, the thoughts she has, the entertainment she chooses, and the place she lives in…

**… a developing child concludes:**

- *There is no such thing as Father's Good Will and Intent*
- *No one cares*
- *Toxicity is "natural"*

**Generating the illusion of a Creation that is:**

*a toxic dump, degrading, demoralizing, and harmful, the result of a very cold and uncaring god*

**Draw what comes to mind:**

*Mommy, mommy…*
*why is everything*
*so damaging to my health ?*

**Statement:**

What if… when an expecting mom angers, hurts, manipulates, and engages in lust, jealousy, and vindictive behavior…

**… a developing child concludes:**

**Generating the illusion of a Creation that is:**

**Draw what comes to mind:**

**Statement:**

What if… when an expecting mom is abusive toward self / others or is in an abusive relationship…

**… a developing child concludes:**

**Generating the illusion of a Creation that is:**

**Draw what comes to mind:**

**Statement:**

What if… when an expecting mom uses dark majik, spells and curses, defiles self or others, and / or is seductive and deceptive…

**… a developing child concludes:**

**Generating the illusion of a Creation that is:**

**Draw what comes to mind:**

**Statement:**

What if… when a mom creates a toxic outer environment so that everything a child eats is unhealthy, all he / or she touches is toxic and unnatural, all he / she wears is harmful, all he / she hears or sees is violent / defiling / degrading / hateful…

**… a developing child concludes:**

**Generating the illusion of a Creation that is:**

**Draw what comes to mind:**

**Statement:**

What if… when a child is conceived through rape, lust, drunkenness, or artificial insemination…

**… a developing child concludes:**

**Generating the illusion of a Creation that is:**

**Draw what comes to mind:**

**Statement:**

What if…

**… a developing child concludes:**

**Generating the illusion of a Creation that is:**

**Draw what comes to mind:**

**Statement:**

What if…

**… a developing child concludes:**

**Generating the illusion of a Creation that is:**

**Draw what comes to mind:**

Are you beginning to get the picture?

Can you see how women
can affect a child's perception of Creation
and his / her attitude toward it?

Can you recognize now how your
interaction with your mom may have influenced
your perception of the very Nature of Creation
and thus of your self image?

Can you recognize the importance of
correcting this for your own benefit
and thus, that of your children?

A malnourished, toxic, and degrading environment
generates the conditions for a life of
malfunction, sickness, struggle, moral decay,
resentment, low self-esteem, and misunderstanding.

A life where one trashes self, others, and Earth.

"If Father / Living God didn't care
and if my parents didn't care
why should I?"

A nourished, healthy, abundant, and sublime environment
generates the conditions for a Life full of
Truth, Joy, Peace, Love, and Appreciation.

A Life of Respect for Self, others, and Earth.

*"Father / Living God does Care.*
*My parents Care as well.*
*So do I."*

Now that we know some of the ways through which women contribute to children's misconceptions of Creation, let's go back in time... more specifically back to page 45 of this book, and re-read the chapter titled 'So as to do it Differently.' We need to find out how much more sense that entire chapter makes now and see if we can identify and correct any 'mom' related issues while we are doing so.

Father Which Is in Heaven:

*There are those parents*
*who drug themselves to hide the pain,*
*and remain abusive.*

“These parents cease to care for the well being of their children, because they numbed themselves. This allows them to try to buy their children between abusive episodes.”

*Some alternate between*
*abuse and buying,*
*some only abuse,*
*and some only buy.*

# ...Brings Clarity and Pure-Pose

Well, welcome back to the present. I hope your journey back in time was fruitful indeed. Let us continue.

It follows then from the insight that one of women's sacred responsibilities is to create, support, and tend 'inner' and 'outer' environments that provide True Testimonies of Father's Good Will and Intent for His Children and His Creation. This is a responsibility that would be naturally supported by men as well. The Nature of their Virtue would inherently make it so.

This is a task that begins well before conception. Well before marriage. For in reality, we really speak of re-awakening or re-establishing the conditions that allow men and women to experience the Joyful Gratitude that naturally springs forth from living in the Favor and Love of the Father Within / Living God.

This task of creating healthy 'inner' and 'outer' environments can be loosely identified as follows:

## Self

- create Peaceful, Respectful, and Sacred Mental, Heart, Mind, and Soul environments by choosing that which is sublime in Self and Nature.

- decline participation and engagement in that which harms / degrades the Soul, Heart, Mind, and Body

- learn to truly nourish the physical body and Soul through Life giving food and Creative undertakings that bring forth all that is Noble and Sublime.

## Housing

- create safe, Sacred, and healthy home and work environments. A place of simple beauty that awakens that which is sublime in human nature. This can begin with something as small as a little box or envelope that contains something meaningful and special. As time, resources, and opportunities allow, it can expand to include natural fabrics, clothing, personal care items, food, furnishing, gardens, and actual occupation.

## Conception

- enhance physical and Soul nutrition several months prior to conception.

- discover healthy and sound reasons for having a child (rather than succumbing to external pressures and expectations, or trapping someone into marriage, or making a mistake, or coping with loneliness, etc.).

- ensure readiness, willingness, and capacity, to the best of one's ability, to provide the nurturing environments that will support the child's Love for the Father Within.

- take great care of Self and avoid harmful places and opportunities that could lead to unwanted pregnancies.

## Pregnancy and lactation

- ensure proper nutrition is maintained so that the developing child can grow to his / her full genetic and spiritual potential and delivery can be painless, easy and brief.

- seek Peaceful and Joyful experiences and tasks so as to maintain a pleasant womb and earthly environment for the developing child

## Child's developmental years

- create safe and healthy environments so that the child is not poisoned by what she / he...
  - touches or tastes (plastics, paints, food, clothing, sprayed dirt and grass, etc.)
  - sees or hears (TV, computer, music, relatives, parent's choices of entertainment, communication, and friends, etc.)
  - breathes (indoor and outdoor air pollution, etc.)

- allow child to experience Nature and the Natural world

- provide home schooling to safeguard child's Purity, Innocence, Integrity, and Love for the Father Within

- gently and Lovingly support each family member

- allow child to receive the experiences he / she needs to fulfill his / her Vision on Earth and Soul Healing

- teach child to be non to the harmful influence of darkness, death, decay, and destruction (refer to Story 1 for examples and, as strange as it may sound, to Caesar Milan's "Dog Whisperer" series)

As you can see from the above lists, successful parenting depends not only on men returning to their Virtue but also on women returning to their "Graces." I fully agree with Linda's observation that men and women are in need to re-learn how to show genuine affection toward Self, spouse, child(ren), Creation, and the Father / Living God.

As she noted several years ago regarding affection and women (comments in brackets added for clarification):

> “There is genuine affection and false affection.
>
> Genuine feelings of appreciation, respect, and recognition of the beauty and intelligence.
>
> A woman of graces and style would be a woman who would talk gently and respectfully. Who would walk in a smooth straightforward manner, not in an undulating lustful manner. A woman who would dwell in elegant simplicity, who would contemplate, and express all the qualities of Honor and Respect we have been defining.
>
> Her expression toward another person would be Respectful, appreciative, gentle, supportive, free of any enticement, lust, sexuality, [and manipulation.]
>
> A lady of grace, style, and refinement has always been considered a precious "commodity", but that is exactly it, she is not a commodity.
>
> Whereas a lustful woman is one who is a commodity and engages in commerce. Her affection is given at a price [and is always artificial and calculating.] There is a cost to the affection of a woman of commerce. She is a woman who would be a fury, vengeful, lustful, spiteful, and who utilizes spells, curses, charms, [and prayers] to seduce others.
>
> We are basically talking about the difference between the AdamAic woman and the woman of darkness or feminine energy of the [fallen] angels.”

A woman (or man) of darkness is, as Linda identified, a woman (or man) of commerce. Not of the open, transparent, Honorable, Respectful kind, but of the manipulative, competitive, profitable, and psychopathic type.

She may do all the "right things" but always for the wrong reasons and to further her own greed for self glory. Despite appearances to the contrary, she brings out the worst in others, especially husband and children. Many times under the false pretense of "light" or religion, she trains them in the ways of darkness and cultivates in them among others things, all that is dense, jealous, competitive, opulent, violent, deceptive, cold, calculating, manipulative, polluting, corrupting, greedy, suppressive, aggressive, punishing, limited, confined, denying, sacrificial, and lustful. In all that is in-human or non-human.

Even in the midst of Nature, she separates people from that which is Natural and therefore of the Father Within and in so doing solicits the worship of false gods - herself being one of them.

No one really likes being around these kind of women (or men). Therefore, they depend on physical appearance, lust, seduction, enticement, spells, charms, coercion, oppression, condemnation, force, religion or worldly dogma / law, and dark majik (to name a few), to steal people's hearts, attention, and energy and get them to do things that they would have otherwise never chosen or thought to do on their own.

They are of course, the least likely to succeed in creating the Proper 'inner' and 'outer' conditions required for parenting. Not because they couldn't, but because they choose not to. To them the way of the Father Within is weak and worthless.

They are best avoided.

In contradistinction to this, a woman of Graces, or AdamAic [16] woman, is a woman who brings out the highest in herself, husband, and children. A woman who naturally and without effort brings out all that is Loving, Gentle, Respectful, Abundant, Creative, Joyful, Simple, Real, and Light-Hearted. A woman who brings those in her care closer to Nature / that which is Natural and therefore closer to the Father Within. A woman who does this in a Natural, Loving, Caring, Simple, and Honest Way that warms and softens the Heart.

Unfortunately, because she doesn't engage in seduction and lust, the Beauty of her being goes many times unrecognized, overlooked, ridiculed, and unappreciated. However, she is indeed a Blessing upon the Earth and brings much needed respite to men's Souls, Hearts, and Minds. And given a chance, immensely suitable to succeed in creating the 'inner' and 'outer' conditions required for parenting.

Blessed are indeed those who have the eyes to see...

From the dictionary...

grace:

- exercise love, kindness, mercy, favor
- Divine Love
- Divine Favor
- inherent excellence
- elegance of manner
- physical, intellectual, and moral beauty

[16] AdamAic is a term Linda used so as to identify men and women who remain True to their Divine Gentle Nature or if given a chance would gladly reclaim it.

In learning to show genuine affection toward Self and others, it is of value to briefly explore the concept of Beauty [17]. What it is and isn't for the world would have us believe that beauty is determined by a body's ability to entice and solicit lustful reactions in others.

Let's see what the dictionary says about beauty:

beauty:

- properties or qualities that are pleasing or satisfying as by their excellence, virtue, goodness, and purity

satisfy:

- to supply to the full with what is desired, expected, or needed
- to free from doubt, suspense, or uncertainty

pleasure:

- agreeable sensations or feelings
- happiness produced by the expectation or the enjoyment of something good, delightful, or satisfying
- Joy, gladness, comfort, kindness
- Ant. displeasure, pain, sorrow

purity:

- freedom from guilt or defilement
- freedom from sinister or improper motives or views
- innocence, cleanness

This definition brings to our awareness the understanding that real Beauty is a state of Being or attitude that is pleasing because it is Benevolent, Pure,

[17] For a more in depth study, please refer to “The Mystical and Magical – A Journey with the Father” by Martin Riedel. Available at www.bluestarway.com.

Excellent, and Delightful. Thus Beauty is free from doubt, anxiety, displeasure, pain, and sorrow. It makes then sense that Beauty is a trait that is naturally present in women of Graces and men of Virtue.

The worldly definition of beauty stands in complete contradistinction to what we have just learned. What makes this worldly standard of beauty unattainable is not, as many think, that the "average" person doesn't have a “perfect” body, but rather that it is based upon the opposite of what Beauty actually is. When this state of "perfection" is achieved there is no real Beauty left.

For example, when you look at a body that is kept slender through starvation or drugs, you are not looking at real Beauty. Why? Because this body is in famine and real Beauty implies satisfaction or fulfillment of one's needs such as the need to be properly nourished and the need to be Respected.

When you look at a body that is used to seduce and entice, you are not looking at real Beauty. Why? Because real Beauty is an attitude that brings feelings of enjoyment, delight, and satisfaction while a body that is used to seduce and entice depends on an attitude that brings doubt, pain, sorrow, hunger, and guilt.

For example...the pain of fitting in shoes that are most uncomfortable... the pain of being strapped in clothing that does not allow it to breath... the pain of being surgically modified... the sorrow of being chemically laced... the hunger and sorrow of starvation and malnourishment... the pain and damage of gym workout... the sorrow and guilt of degradation and self defacement... the hunger and emptiness of pursuing an empty path... the anxiety and doubt caused by the fear of not being lustable enough or being overshadowed by a more "perfect" body... the anxiety and fear caused by being in constant competition for "attention" and in constant fear of loosing it to a younger body... the anxiety caused by making one's self worth be dependent on someone else's thoughts, ideas, likes, perception...

Where there is sorrow and doubt, anxiety, fear, and competition, there is no Peace. If there is no Peace, there can be no Beauty.

It should thus come as no surprise that those who seek to live by worldly standards of beauty actually live miserable lives and make the lives of those around them miserable as well. They have a tendency to be irrational, angry, vindictive, and manipulative. Do you know why? Because their brains and bodies are malnourished and no longer function normally. While by some standards these traits add the "I don't know what" that makes someone irresistible, they are truly signs of a malnourished and therefore, malfunctioning brain. To seek and allow oneself to be seduced by such behavior is actually quite insane too - another sign of a malnourished / malfunctioning brain. Such state of unhealthiness is really detrimental when it comes to parenting.

Beauty is indeed Beautiful and Desirable, but it would be immensely more beneficial for us to end seeking it in all the wrong places and in all the wrong ways.

To attain true Beauty one must first look within. What is your attitude? Think of your inner music, the music you Play. Does the music you Play reward you with a state of Abundance and Peace? Is it Harmonious, Excellent, and Truthful? Does it evoke feelings of enjoyment, delight, and satisfaction? What kind of sounds or music does your thinking make? It is Harmonious and Pleasing or anything but? What about your voice and the words you use to express yourself? What kind of song does your Heart sing? A song of dependence and fear or a song of Freedom and Health [18]? How do you treat yourself and your body?

[18] I again recommend watching Caesar Milan's “Dog Whisperer” series. Learning the principles of becoming a pack leader can help you shift your attitude from dependence and fear to Freedom. I have seen this shift for the Better in his clients over and over again. Especially in women once they learn how to manifest their Power in a Healthy way. It's amazing to watch. “The Mars & Venus Diet & Exercise Solution” by John Gray, Ph.D. is also worth taking a look at.

Then look outside. What does your clothing look like? Is it pleasing and Respectful of your body's needs? Is it made of natural fibers? What about your room, house, and / or garden? Is Harmony present in them? What kind of sounds come out of your phone? Your TV and video games? Your friends and family? Your surroundings? What are the sounds of progress and civilization? What kind of emotions do they evoke? How does that compare to Nature or even a single (real) flower?

These simple observations can make the process of manifesting one's True Beauty very easy to identify and implement when one allows the inner and outer environments to support each other. As you improve your inner Beauty the outer environment can become a reflection of such Beauty. As you improve the Beauty of your outer environment it can inspire you to get in touch with your inner Beauty.

The body will naturally attain a beautiful stand when it is well nourished and properly cleansed, and when the Heart, Soul, and Mind are properly taken care of. And while this stand will certainly not meet any illusory worldly standards of lustful perfection (especially in regards to the nonsensical 'ideal' body weight and proportions), it will most certainly surpass them by light years. Best of all, this kind of Beauty only improves with each new year and never withers away... and this is a most Beautiful and Noble thing.

# ... and perhaps a realization...

With a little bit of insight in this matter, the obvious can suddenly become self evident and visible:

> Men's and women's Beauty and their tasks to create Sacred inner and outer environments and live in Virtue and Grace could actually be greatly facilitated by living in Peaceful and natural settings where natural foods abound and there is Freedom of movement.
>
> Surrounded by fresh air, the chirping of birds, the gurgling of clean flowing water, the rustling of leaves, the vibrancy of natural colors, the aroma of herbs, flowers, fruits, and trees, the radiance of the Sun upon blue skies and puffy clouds, the taste of Sun ripened vegetables and fruits, the sound of Joy and Laughter...
>
> Filled with Father's Presence.
>
> Their bare feet firmly grounded on a clean and healthy Earth.
>
> Their True Heart leading the way.

With this realization, the mind can now allow itself to ask:

> If it is the case that natural environments support the Health and Well Being of men, women, and children... then what are we doing living in concrete jungles that alienate us from nature and surround us with toxic air, toxic food, toxic water, toxic furnishings, toxic clothing, toxic technology, toxic entertainment, toxic noise, toxic thoughts, toxic emotions, and so on?
>
> What causes us to think that the very progress, technology, and mindset that is finding ever new ways to separate and alienate us from Nature and the Father Within is going to ever solve our problems and lead to the Joy and Life we so much long for?
>
> Could it be possible that in our innocence we (or our ancestors) fell prey to the colorful and brilliant glitter of false promises and in so doing left behind the steady radiance of that which is Natural and therefore Healthy for us?
>
> Could returning to a Natural way of Life be that important to our survival and therefore Earth's?
>
> Could the answer be that simple?

The slight shift that this kind of wondering, pondering, and asking brings to our awareness may allow us to break the mold of conformity:

> Could it be that so called “primitive” cultures, intentional communities, families, and individuals who chose (and are choosing) to maintain a Simple, Respectful, and Harmonious Life close to the land and Nature actually have a much greater chance of Living a more Joy-Full and Full-Filled Life than those living in concrete jungles?
>
> Could it be that such a simpler and more natural way of Life is much more Desirable than slaving away one's Life in debt, isolation, alienation, and despair?
>
> Could it be that this is one of the reasons so many of these “primitives” live to be well over a 100 years of age in excellent health?

“But wait a minute!” says worldly logic. “If what you're saying is True, then life before the industrial revolution would have been paradisaical and all children would have been raised in ideal settings. There were no concrete cities then, much less industrial pollution. Everyone would have lived to be happy and well over a hundred years of age. Yet all 'evidence' indicates that these people died like flies in their thirties and forties... not to mention that history 'proves' early humanity lived in miserable conditions of utmost poverty and barbarism... that is... before civilization descended upon it and “rescued” it from such pauperism.”

Well, that may be a valid point, yet then again, we must keep in mind that history has been taught to us from the viewpoint that those who live close to nature and are free from the burden of hard work and slabor [19] are poor and uncivilized – the ones to be frowned at and 'rescued' from their ignorance. While those who live in destructive modern environments completely alienated from nature and surrounded by organized filth and legalized toxicity are rich and civilized – the ones to be admired, envied, coveted, and emulated.

Keep in mind too that history fails to mention the existence of isolated tribes living in beautiful settings and having a Joyful and happy simple Life free of the need to earn a living. Tribes that enjoy healthy food and clean water, fresh air, and blessed rain. Tribes that live above the normal average life span of 'hard working' nations in excellent mental and physical health. Tribes that have a way of Life that is way more preferable than slaving away in cities.

Quite on the contrary, when history speaks of natives or primitive tribes it does so in such a way so as to solicit a great dislike for their way of life and reinforce the notion of how “blessed” we are to live in a “civilized” part of the world separate from the “harshness” and “danger” of “untamed” Nature.

[19] Voluntary or involuntary slave labor.

Also, when history speaks of the presumably miserable conditions humanity has supposedly always lived in it always infers that this was the result of people's ignorance and barbaric nature... traits which have been overcome thanks to science and progress...

However, what if these distressing conditions were not the result of people's ignorance but rather the result of a relentlessly brutal and cruel attack that has been perpetrated against us for thousands of years to enslave and destroy our Natural Way of Life and the Bounty Father Created for us in His Garden[20]?

An attack that has brought pestilence, war, famine, poverty, slavery, usury, debt, competition, abuse, torture, cruelty, degradation, sodomy, pollution, sickness, exploitation, drunkenness, drug addiction, animal and human sacrifice, genocide, superstition, mindless theology and science, government, greed, lust, child abuse, prostitution, shame, and guilt (to name a few) to people on Earth...

A relentless attack that continues to this day on an unprecedented scale against us and our children to suppress all memory of a Different Life... to suppress all memory and knowledge of our inherent Benevolent and Kind Nature... to suppress all memory and experience of Father's Benevolent and Kind Nature and His Good Will and Intent for us upon His Garden on Earth... to suppress the Knowledge that “Divine Answers Respect all living things” and that this includes Respecting ourselves and the bodies we were given to In-Joy Father's Garden.

An attack that inhibits our ability to recognize that perhaps the few isolated tribes who live Joyful and Simple lives close to Nature are a distant remnant of what Life used to be here on Earth. That is, before a self-selected few claiming

[20] Not unlike the one recently unleashed against Native Americans during their colonization and which left them disoriented, purposeless, and alcoholic with very high suicide rates and much internal conflict. To argue that these problems are proof of their brutishness and ignore the real cause behind their situation is faulty. Just as it is faulty to argue that humanity's current situation is a result of its 'dark and destructive' nature.

'divine providence' set out to rule over and enslave their 'inferior' brethren whatever the cost… while another self selected few claiming 'self righteousness' decided to go after them and anyone who fell prey to them…[21].

[21] If you know your history, this little piece of information will make many patterns quite recognizable.

So what does this have to do with parenting? Quite simple: Successful parenting depends upon a healthy perception of Reality.

Perhaps you would like to think about it for a little while...

How can one teach children by example that humans are Benevolent beings when one believes everyone would inherently sin into perdition or self destroy without the suppression and control of religion and government?

How can one embrace Nature when one sees himself as separate from it and destructive to it? When one looks at that which is natural and simple with disdain and snobbery?

And perhaps most importantly, how can one teach children to follow their Heart when one doesn't know nor believe in the Purity and Beauty of his / her unmolested Heart?

Father Which Is in Heaven:

*What value has life without your*
*Heart leading the way?* [22]

*When in doubt of the veracity*
*of your Divine "Guidance System",*
*there is no possible "where" to turn*
*for Heartfelt Guidance of the*
*Greatest Nature.*

*To look Within and all you see*
*is death, destruction, and decay,*
*where do you in fact turn*
*for Spiritual Support?*

*Were you to follow your guidance*
*of death, destruction, and decay,*
*all would be lost to you.*
*Your immortal Soul would 'quiver and quake'*
*at the destructive path you had taken,*
*so you surround yourself with*
*'survival mechanism of the fittest',*
*while your Soul longs for supplication of*
*a gentle, Supreme Nature.*

[22] Father refers here to one's True Heart which is in contradistinction to the one acquired through worldly / religious conditioning / abuse, pollution, parasites, possession, and / or androgynous energies.

*To serve the Divine in this fashion is*
*destructive at the least.*
*At best, it is fortitude in the face of disaster.*

***Divine Intent is for your journey to begin***
***wherein Peace and Plenty reign Supreme.***

While it is very possible that at some level you can recognize the validity of what is being said, it is also very likely that this information has triggered a great fear, blockage, or perhaps even terror, that seeks to blind you – especially to the notion of following your Heart. I know because I have experienced this myself and I know how frightening it can be to even consider breaking free from one's 'survival mechanisms' through which we deny things and control our behavior.

So why is this fear or blockage so strong? My understandings at this time lead me to believe that this fear is not just something that was acquired this lifetime, but rather something that has been passed down from generation to generation of survivors. We are really dealing with a fear that has been imprinted in the human psyche of those who survived the carnage of the relentless attack I just wrote about. Those survivors who, not knowing how to do it Differently, succumbed to the lie rather than death.

This fear or blockage has been secretly guarded and continually stoked and reinforced[23]. Why? Because it blinds and demands either total submission, self destruction, or insane annihilation of anyone who dares question the imposed 'status quo.'

This time however, we are going to do this Differently. Rather than letting this fear or blockage render us unconscious, we will choose to stay present. We will breathe, and take a look at it for we are stronger than it and most importantly, we are safe now. The nightmare is over. The enslaved Heart and Mind can now be free.

[23] Did you really think all that TV and video game violence and all those horror movies are just for fun? That the news are to keep you up-to-date? That wars, famine, and random acts of violence against people are just random expressions of human nature? I used to too... but now I know they are really acts of genetic manipulation at a very perverse level designed to produce a more 'perfected' fearful blind (and when necessary violently inhuman) slave with each new generation.

So let us look at this fear or blockage and see how it is surely not the Father Within we fear, but rather this shadow memory we call 'devil' or 'evil' which has sought to take Father's Place in our Hearts and Minds and threatens us with the horror of what it might 'do to us' if we disobey the contract we accepted to stay alive and end the abuse. For we Truly know in our Heart that it is not the Father Within who punishes, tortures, sacrifices, maims, abuses, enslaves, imprisons, curses, condemns, and directs people to kill each other, invade and steal each other's land, or treat others as inferior beasts....

Let's face this fear or blockage straight ahead and recognize how it is not hell and damnation that awaits those who dare doing so...

Go ahead, take your time but don't get lost in it. Simply look at it while standing in Love and Peace... and remember to breathe...

Allow yourself to sense it and recognize it for the false witness it is.

If it shakes you, that's fine. It did me too. If it takes a while to regain your composure, that's fine as well. It took me a while too to feel safe enough to leave my house...

Now that we have faced this fear or blockage with great valor, let's summon our strength and ask the Father Within to erase and dissolve this false witness from us and our lineage just as easy as the Sun's rays dissipate the morning haze.

Now... let's simply ask the Father Within to restore our sanity and give our lineage the Strength, Valor, Wisdom needed to stand up for our True Nature and that of our children and to will His Intent for us to be manifest in our Lives.

Now... let's allow ourselves to recognize that violence, abuse, war, famine, control, pestilence, pollution, manipulation, genetic tampering, hunger, greed, lust, and so on are all unnatural to Humanity [24].

Now... let's withdraw our acceptance of and consent to this false witness against Creation and the Good Will and Intent of the Father Within for us.

Now... let's end our play in this destructive game and withdraw our attention from it.

Now... let's turn our attention to the Father Within and choose to manifest His Good Will and Intent even when the deception seeks to impose its forgery upon our lives [25].

[24] Weston A. Price noted several times how impressed he was to learn that there were no prisons nor asylums among the natives who nourished themselves properly. He was also impressed by their kindness, strong character, fine personality, and spiritual nature. As Father Said, we are kind and merciful by design. Anything else is a lie.

[25] Keep in mind that different aspects of this fear or blockage may surface for purging at unexpected times, triggered by seemingly unrelated events. If this happens, recognize it for what it is, let it go, and welcome the Strength, Valor, and Wisdom you asked Father to bestow upon you. Just like it takes many bites to eat a sandwich so it may take several rounds to be completely free of this.

We no longer need to hide or run away. To submit and blindly obey. To rebel or start a revolution. To save, convert, or eradicate the heathens. To self deface and flagellate. To destroy, kill, abuse, pilfer, punish, or enslave each other. To play violent video games or sports so as to give an outlet to repressed anger and frustration. To numb ourselves with drugs, alcohol, sex, or intellectual / technological pursuits so as to hide the hopelessness of living under oppression and the self hatred of being its ambassadors, purveyors, or enforcing agents.

We are getting ready to do things Differently.

So let's relax for a while and recognize how well we have done to come this far.

Let's congratulate ourselves whole heartedly and celebrate light heartedly with a nice cup of warm / ice tea, hot coco, or whatever would nourish us at this time.

Please, go ahead... take your time...

Nourished and refreshed, we are now ready to learn a neat little big secret:

> Those who oppressed us never had any power over us except for that which we (or our ancestors) gave unto them in our minds out of innocence, benevolence, ignorance, or fear. They really can't do a thing without our consent, support, or participation for it really takes two to tango [26].

This is why they target children and spend such massive effort to control our thinking and perception of reality and to keep us malnourished, impoverished, fearfully stressed, and poisoned.

This is why they put such massive effort to make us believe we are these weak, helpless, broken, unworthy lustful consumers / sinners who are ruled by selfishness, greed, decadence, carnality, and degradation and who can be randomly killed, robbed, or imprisoned at any time.

This is why they have whole industries designed to trick us into giving our energy away and into becoming helpless beggars, dependents, and hopeless bystanders who believe that their hellish and bloodthirsty nightmares are predestined and thus unavoidable.

This is why they have whole systems designed to take advantage of our good nature, creativity, and energy to fulfill their insanity and in so doing 'absolve' themselves of responsibility for what we do to each other as a result of this.

This is why they incite wars, revolutions, famines, pestilences, catastrophes, and turmoil every time humanity begins to make changes for the better [27].

[26] Please watch Caesar Milan's 'Dog Whisperer" Series until you get it. He illustrates this with dogs over and over again.
[27] This is one we better learn to stop falling for and supporting.

This is why the way of life / survival they impose upon us is designed to hide the fact that there is a Different Way.

This is why they arrest our attention whichever way they can to keep us distracted from the Father Within.

And as Linda was shown, this is why the last thing they want us to know is that their attack can be ended in a simple way that requires no external tools, foods, implements, or weapons. That it can be ended with 'nothing' or 'no thing.' That this is accomplished by simply turning our attention back to the Father Within and His Plan whenever we become aware of an attack [28].

[28] Linda was also shown that turning our attention to the deception (or away from Father's Good Will and Intent for us) makes us and our day vulnerable to attack. While at this point we may not be able to stop an attack, what we can do is change how **we** respond to it. We don't turn our energy or attention to it. We don't try to understand it. We don't give it thought or contemplation. We don't sink into despair, depression, or self degradation. We don't retaliate. We don't send the attack back or wish it to boomerang back to the attacker. Instead, we affirm our choice or Desire for the Father Within and His Plan. We turn our attention to Him. Not out of resistance to the attack but rather as an affirmation or expression of our Desire for the Father Within. Then we act according to our choice. No begging, no pleading, no praying, no purging. Those are in the end steps that get us there but they still are the begging and pleading mentality. In the end it is the same, but the same Pure and Simple, with no baggage.

With this secret unveiled, we are now ready to take one more step toward a Different Life that supports healthy children.

Let's Peacefully null and void (in our Soul, Mind, and Heart) the 'death warrant' voucher that binds and enslaves us to them. We do so by simply stating with the Father Within as our Witness that it be so.

What is the death warrant voucher?

It is an unspoken contract much of humanity has entered into to put off lawful death as the deeply felt consequence of coveting and envy.

FatherSource:

*In the lingering aftereffect or aftermath*
*of your Heartfelt Desire gone awry,*
*there came an implant by virtue of sustaining, signing*
*a death warrant voucher.*

*Lingering in Plentitude not,*
*your Heartfelt Desire could not longer*
*sustain and nourish your Endeavor.*

*The origin of such abuse*
*lay deep within the human heart.*

*Once upon a time, "long ago and far away",*
*your Heartfelt Desire would nourish and sustain you.*

*It is through 'Plentitude [29] not',*
*you fell into despair, decay, decadent desire.*

[29] State of being full, complete, or abounding.

What does this contract require?

It requires obedience to a fictitious rule which states that a man’s power lies in his ability to copulate.

What has resulted out of this contract?

The prolongation of humanity's suffering by it being possessed through the force of a 'legally' binding obligation to destruction for future payment of agricultural and mining products.

Insane.

Isn't it?

Yet the pattern is quite easily identifiable...

Is there anything else we need to Know to be completely Free from this contract?

Yes, we must recognize that this death warrant voucher contract [30] was never valid or enforceable in the first place for even worldly law establishes that ill intended contracts are always null and void from inception.

The imaginary chains have been broken.

We can return to the open.

We no longer have to covet, envy, lust, and destroy to stay alive and feed our children.

[30] As well as any other contract ever made based on deception.

Now we can reclaim our Freedom in our Mind, Heart, and Soul.

Now we can change our lives for the Better.

Now we can reclaim our Power in a New and Peaceful Way.

Now we can hear the Father Say:

*"Restore earth" is insufficient desire.*

*Right & Proper would be*
*your Father's Good Will to do*
*to bring Heaven to Earth.*

Now we can welcome Father's Plan to restore a new Heaven on Earth.

Now we can resume the Play of Life.

Now we can let the Real Fun begin.

Now we can end the child abuse.

Now we can let our children Blossom.

# … and an invitation

This is indeed a gentle invitation for women of all ages and walks to learn from past mistakes. To stop participating and supporting that which malnourishes, degrades, demoralizes, and ensures their failure. To stop conceiving and raising unhealthy, malnourished, and poisoned children.

It is a gentle invitation for women to begin making choices that support their Health, Integrity, Womanhood, and Femininity in ways that are Respectful and Gentle. In ways that are of one a-chord with the Benevolent Nature and Good Will of the Father Which Is in Heaven. Where, as Father explained, Heaven is not some distant place up in the skies, but rather a state of mind and attitude that is readily available to anyone and everyone who so Desires it (Beauty anyone?).

It is indeed a gentle invitation for women to re-awaken to and choose a way of Life that enhances their Creativity, Joy, Well-Being, and Femininity in ways that transcend societal and religious conditioning.

Neither through religious suppression
nor through lustful expression,
much less through worldly conditioning,
but instead
through the Strength and Beauty
of their Graces.

This is also a call to men of all ages and walks to learn from past mistakes as well. A call to wake up from the 'spell of darkness, death, decay, and destruction.' A call to stop soliciting and participating in the degradation and destruction of women, children, fellow men, and earth. A call to stop participating in the conception of unhealthy, malnourished, and poisoned children.

It is an invitation and call to all men to actively support and participate in the creation of Sacred and Natural Environments where humanity can nurture and express its Love for the Father Within. Environments which are True to the Good Will and Intent of Father Which Is in Heaven for His Creation and therefore are an expression of Beauty, Love, Safety, Purity, and all that is Sublime, Natural, and Harmonious with this Earth.

It is an invitation for men to re-discover how being Father's Representative on Earth translates beyond parenting into every aspect of their lives, including commerce, industry, government, and religion.

This is an invitation for men of all ages and walks
to relearn how to use their 'cojones'
to make the Father Within Proud.

Not through wanton destruction and regulation,
nor through doctrinal zealotry or any '_isms',
but through the Strength, Bravery, and Flexibility
of their Virtues.

It is indeed time
for us to stop sinking
into the depths of despair.

It is indeed time
for us to stop destroying our children.

It is indeed time
for us to choose a Different Way.

It is indeed time
for us to resume the Play of Life.

Not in the ways we falsely call ‘progress’ and which have and are causing us humans so much harm...

... but in the Gentle Ways of the Father Which Is in Heaven Who would have every single human being, including you, Living in Abundance, Joy, Health, Respect, and Well-Being upon a vibrant and beautiful Earth... free from the ‘biblical curse’ that demands a life of pain, struggle, hardship, exploitation, sacrifice, and blood shedding.

Not by continuing in the ways of a technology and way of life that is harmful and destructive in every aspect and sense to Life on Earth...

... neither by returning to the 'stone age'...

... but rather by developing a new technology and way of Life that is Natural and Harmonious with Life on Earth... [31]

[31] And I'm not referring to “Tesla technology.”

Not through opulence and profiteering which depend on inequality, slavery, lust, greed, and exploitation…

… but rather through an elegant simplicity which Harmonizes with the Earth and a Right and Proper Exchange that sets people Free.

Not through superstitions that allow human and animal life to be sacrificed and exploited in the name of progress, science, liberty, freedom, greed, profits, and so on...

... neither through blind faith that justifies self-sacrifice and flagellation, blood shedding, crusades, inquisitions, and assimilation, intolerance, or annihilation of cultures who see things differently...

... but rather through an intimate and personal KNowing of the Father Within and His Good Will and Intent for us, His Garden, and His Creation.

Not by fighting, resisting, arguing, oppressing, condemning, excusing, destroying, blaming, or even enduring...

... but by taking responsibility for our choices and actions and directing our Energy and Power toward manifestation of Father's Good Will and Intent in our own Lives.

Not by forcing, saving, indoctrinating, making, suppressing, improving, or even overcoming...

... but by simply...

... allowing that which is already Divine in Humanity to freely manifest on Earth once again.

Father Which Is in Heaven:

*So it is in your standard nature*
*that you shall see that which is*
*Grand and Glorious come to be*
*when you seek not perfection*
*of a Divine Nature.*

*Seek instead manifestation of that*
*which is but already Divine.*

Not through armageddon or any kind of carnage...

Father Which Is in Heaven:

*It is a great distortion on a grander scale*
*that humankind should come*
*to this moment of desolation.*

*It is by design,*
*not the Will and Intent of the Divine*
*that it be so.*

... but rather through Father's Good Will and Intent for us:

*Good Will is that which is your Father's Intent for you.*

*His Intent*
*is for your Blessedness, Wholeness, and Completeness*
*out of the Consciousness / Awareness of the*
*Love that you are.*

***Will His Intent for you to be manifest.***

*Divine Intent is for your Journey to begin*
*wherein Peace and Plenty reign Supreme.*

***Divine Answers Respect all living things.***

May you hear the "Call of the Wild" that re-turns you in a new and fresh Way to the Majesty of who you Are.

Majesty:

- exalted dignity: honor / your sublime, **noble**, excellent, serene, graceful, and worthy nature
- **nobility** of character
- sovereign authority and power: right to direct, act, decide in ways that are of one a-chord with the Father Within and who you Truly Are

It is time.

# Questions and Answers

As indicated earlier, the following answers to the following questions are nothing more nor less than suggestions that may facilitate your success in the noble task of parenting. These suggestions are based on what I have found to be helpful in my own life thanks to Linda and Father.

Receive them lightly.

Remember, the real Gift is not in the content of this book but in the Gifts, Visions, and Guidance Father Which Is in Heaven offers you through it.

## *First Question*

**Q.** I have no means to implement such life change. What can I do?

**A.** I understand. Linda and I experienced a bout of utmost poverty during our journey together that made it very difficult to make changes. Nevertheless, Father always found ways to make it possible. One small step at a time.

Of course it begins with you. Then, one day you may notice a clothes pantry where you can obtain clothing made of natural fibers. Perhaps another time you may see a thrift store or a yard sale where you can acquire glass cookware. As you progress in your ability to see things differently, you may notice that your favorite grocery store sells packages of vegetable seeds and before you know it you are growing your very own tomatoes. Now you are ready to throw away the white sugar... and perhaps even begin exploring all those 'wild foods' that are growing freely all around...

When you being to Honor your Love for the Father Within it is just a matter of time before He begins surprising you in the most amazing ways.

Allow this process to be as In-Joyable as possible.

## Second Question

**Q.** Help! I was snatched by one of darkness. Any suggestions?

**A.** We asked this question of Father some time ago and He clearly indicated that He does not Wish nor Desire anyone such experience. He also explained that there is no "Divine Penalty" for leaving such a person and choosing a Respectful relationship with an AdamAic person. Having children certainly complicates this. Thus seek His Guidance and Direction in this matter.

You may also find of interest that as Father Answered this question He also explained that the above doesn't apply to someone who leaves his / her spouse out of greed / lust for someone else.

## *Third Question*

**Q.** My child was the result of rape / abuse / lust / artificial insemination or plain and simple unwanted / unexpected. Can anything be done to correct this so he / she doesn't carry this 'weight'?

**A.** Yes of course. Because each case is particular in its needs, the best suggestion is to Pray to the Father Within for Guidance and Direction. Once action is taken in this matter, it's done and over. This means you must get over it as well. Carrying guilt, anger, and / or sorrow for yourself or child will worsen things. Caesar Milan excellently explains this, albeit with dogs, in his "Dog Whisperer" TV series.

Let Father turn things into a Blessing and prepare to be amazed.

## *Fourth Question*

**Q.** My child is already born or I was born of malnourished parents. Can changing nutrition make any difference at this point?

**A.** Yes! Nutrition is key! It will not only change your and your child's behavior for the better, but it will also ensure that any future children you have will be healthy beyond belief.

This is something you have to experience to believe and was amply recorded and documented by Weston A. Price. Mr. Price is a dentist who traveled all over the world seeking isolated and primitive people to study their dental health. His book 'Nutrition and Physical Degeneration' contains numerous photos showing what nutrition and the lack thereof can do to the human body, mind, and behavior. His numerous travels and studies led him to conclude that criminals are the result of malnourished or deficient parents and that this problem can be corrected through proper natural foods.

Reading this book will change your entire outlook on health, beauty, and nutrition. In my opinion, it is a must read for parents or young couples thinking about having children.

John Gray clearly identifies this relationship between nutrition and behavior as well in his book 'The Mars & Venus Diet & Exercise Solution.'

Father Which Is in Heaven:

*Do <u>not</u> take lightly*
*the nourishment of your body.*

# A Summary

The message in this book is very clear and simple:

- Parenting is a Sacred Endeavor through which Father / Living God entrusts His Children to the care of earthly parents.

- Each parent has a distinct and yet very complementary role in this task that begins well before conception and requires utmost attention to a natural way of Life that provides the abundance of non processed foods needed to conceive, birth, and raise healthy children.

- Great care should be given to ensure children have the needed natural nutrition, support, environment, and experiences that strengthen their Love for the Father Within and the Knowing of His Benevolent Nature / Good Will and Intent for them.

- For parenting to be successful, men need to re-awaken to their Virtues and women to their Graces. A process which can be greatly facilitated through proper nutrition.

- This re-awakening requires of a necessity that both men and women evaluate their relationship with their respective parents and determine how it affected their relationship with the Father Within as well as their perception of His Creation.

- It is in the Healing or correction of these false testimonies that both men and women make it possible for things to be Different.

It is Truly Time for this Change

Father Which Is in Heaven:

*To choose this Endeavor*
*you would need but two things.*

*The first of these is:*
*to nourish and sustain your physical being.*

*The second of these is:*
*to make a different choice than your father / mother* [32].

*Your reservation is well founded in deceit, dishonor, and decay.*
*Seek not these things, because those they engage,*
*they would destroy with themselves.*

*In this matter, give your energy not away*
*by honoring them, for this pushes*
*their destruction further away and yours closer to you* [33] [34].

[32] In other words, don't repeat your parent's mistakes nor embrace their mistaken ways, false beliefs, and destructive lifestyles. Stop Honoring that which dishonors, destroys, and separates you from Father's Loving Intent for you. "*His Intent is for your Blessedness, Wholeness, and Completeness out of the Consciousness / Awareness of the Love that you are."*

[33] A destruction that doesn't come from "Father's wrath, judgment, and condemnation" but rather from the results of engaging in destructive behavior. Remember? "*Those they* [deceit, dishonor, and decay] *engage, they would destroy with themselves*."

[34] When one gives energy away to someone else one is recharging that person's "battery" while discharging one's own. This gives that person extra life and brings death closer to self. This is very unhealthy and detrimental. Especially when one is prolonging the life of people who purposely choose the ways of darkness, death, decay, and destruction.

# An Epilogue

As it turns out, parenting is not, as we have been led to believe, about multiplying to subdue / conquer the Earth, nor about keeping the family name 'alive,' or keeping the economy going or countries fed with slave labor and cannon fodder, or proving man's 'virility.'

Neither is it about making money to buy toys and clothing. Nor about working, vacationing, or schooling / education. Nor about sports, video gaming, or movie watching. Nor about Sunday church or bible thumbing classes. Much less about milking the system for benefits or generating the labor to work the farm. Nor about taking over someone else's culture and land through shear multiplication.

Parenting has always been and will always be about Love.

About fulfilling one's Vision with the Father Within / Living God.

About living Harmoniously with Creation.

About preserving and supporting the Good Will and Intent of the Father for His Creation.

About sharing a legacy of Truth, Peace, Joy, Health, and Abundance with future generations.

About Respecting each other and our own unique and individual way to InJoy our visit upon Father's Garden as we delight in our Love for Him and His Love for us.

About experiencing the Beauty and Gentleness of Father's Nature as He Prepares us to enter Source's Garden, the Creative – Receptive Principle from which all human life derives.

Again, not through wars, laws, coercion, manipulation, competition, doctrine, external regulation, darkness, death, decay, and destruction...

... but through the Good Will and Intent of the Father Which Is in Heaven for us and our children.

Father Which Is in Heaven:

*Good Will is that which is*
*your Father's Intent for you.*

*His Intent*
*is for your Blessedness, Wholeness, and Completeness*
*out of the Consciousness / Awareness of the Love that you are.*

It is as Linda and I continued to explore the concept of family and parenting with Father, that He was able to explain that the vast majority of people on Earth would be immensely happier if they would embark upon a Light Hearted Journey of re-discovery before jumping into marriage and the raising of children. This Journey could take anywhere from months to decades... or perhaps even a lifetime or two.

To quote a Stargate episode:

"It takes as long as it takes"

And this is ok.

For... how can someone become a lifeguard without first learning how to swim?

How can someone who is hurt have a healthy relationship without healing the hurt?

How can someone conceive healthy children without knowing how to Naturally and Properly nourish and take care of Self?

How can someone be a good parent without first experiencing the Good Will and Intent of the Father and His Love for him / her and humanity?

How can anyone impart to a child a Truthful experience of the Father Within while being alienated from Nature and His Presence upon Creation and Self?

That there is a great need for this time of re-discovery is clearly and amply shown by the so called "selfish" attitude of "current" generations.

This "selfishness" needs to be addressed in healthy ways. Especially in societies that have made processed foods, entertainment, and artificial environments that separate children and adults alike from Nature and thus from the Father Within and their Visions / Purpose in Life.

Not by condemning it, not by suppressing it, and neither by ignoring it and jumping into deep waters without knowing how to swim.

But by simply giving ourselves permission to acknowledge and tend to this deep rooted need we have to take care of our selves first, free of guilt. For contrary to worldly indoctrination, taking care of our needs such as nourishment, sleep, privacy, Joy, Laughter, Creative expression, solitude, quietness, personal growth, and listening to and implementing our True Heartfelt Desire is a most basic necessity of Life that mustn't be overlooked or ignored if we are to stay sane and whole... and children desperately need sane and whole parents.

Unfortunately, because of how parenting has been structured, most of us have forgotten how to recognize our true needs and how to fulfill them in Healthy and Life giving ways. Instead, all we know is compromise, self denial, suppression, endurance, and the ways of the world.

For example, we needed sane parents... but all we could choose from was dysfunctional ones.

We needed strong, healthy, well nourished genetic seed from which to build a robust body... instead, we got defective seed from malnourished, poisoned, rigid, and asocial parents.

We needed a gentle, warm, nourishing womb environment... instead we got a bitter, sour, angry, abused, poisoned, and overworked one that never had the nutrition needed to ensure the health of both mom and child.

We needed a gentle delivery... instead we were delivered into a completely artificial environment and into the hands of cold hearted people who slapped us, separated us from our moms, and then proceeded to inject all kinds of poisons into our bodies. Our first breath didn't bring us the pleasure of fragrant aromas commonly found in Nature but the displeasure of industrial sterilization. The first light that entered our eyes didn't bring us the pleasure of natural Light but the displeasure and pain of damaging artificial light.

We needed sweet breast milk, full of Love and Nourishment... instead we got bitter milk full of toxins and lacking in the most basic nutritive value... or worse... baby formula or sugared water.

We needed to see, touch, smell, and taste Creation... instead we got strapped in unhealthy clothing and diapers that denied us access to our own bodies and placed a barrier between our skin and Creation. We got locked up in rooms and places filled with dead air and EMF radiation. We got to taste plastic, pesticides, lead, toxic water, and cardboard food. We go to see the ugliness of civilization, to smell the stench of progress, and to hear the maddening noise of an artificial world.

We needed to be able to select the food that was best suited for us at any given time... instead, we were forced fed whatever was served at the table and then denied any food, abused, or sermoned when we complained or cried in desperation.

We needed to move around, discover Nature and Father's Creation, Play, have fun, be Creative, and adventurous... instead, we got regulated, limited, and

confined to houses or apartments, entertained by mindless toys and mind altering technology. Shuffled to kindergarten and later to schools where we were forced to obey strangers who imposed upon us a behavior that was completely alien and unnatural to us: sitting for ages on end listening to lies after lies designed to deprive us from the mystical and magical aspects of every day Life.

We needed to retain our Merciful and Delicate Nature... instead our parents and society, notwithstanding their 'good intentions,' continually violated our Sanctity and exposed us to horror and desecration.

We needed to retain the innocence and beauty of our genitalia and natural sexuality... instead we got condemned, shamed, accused, abused, defiled, and prostituted because of it. We were taught to misuse it to seduce, entrap, and rape each other.

We needed so many basic and simple experiences and instead we got...

And so it was that slowly but surely we learned to ignore, suppress, or deny our true needs and to contort our perception so as to conform and submit to whatever was made available to us to stay alive. This denial of our True Self was further compounded by the shame and guilt introduced through the "righteousness" that ingrains the "sanctity" of self denial, self sacrifice, self mortification, suffering, hard work, putting others first, and enduring while condemning Joy and anyone who dares take care of Self. This left us wanting and vulnerable to the illusion of freedom the world offered. A freedom which was to be obtained through rebellion by means of engaging in disrespectful, deviant, and destructive behavior toward self and others.

Unfortunately, this rebellion never liberated us from anything for it was, and still is, predicated on the same denial of our most basic need to be nurtured in Healthy ways that we experienced as children. Instead, it only benefited those

who profited from our misguided actions. Actions which caused us much harm and left us hungry, empty handed, spiraling out of control in debt and slabor, and further distanced from our True uninhibited Self.

Thus the problem in this area is not just the conflicting ideas we have about taking care of our Selves, but also the limited, harmful, and destructive ways we go about doing so notwithstanding our good intentions. This is something that a journey of self discovery would also address and correct.

This journey, through which among other things we would learn to uncover our True Needs and take care of them in Healthy and Gentle ways, is more than just a necessity. It is a True act of Love. Love toward Self. Love toward Father and His Creation. Love toward our (future) children who need it so much. It is also a choice for Life. A choice for a Different Way which can restore the Joy of Life to ourselves and future generations. This is a good thing and nothing to be ashamed of or feel guilty about. Nothing to condemn or ridicule. Much less something to profit from or take advantage of.

There is nothing selfish about this for in reality selfishness only pertains to the pursuit of learned, acquired, indoctrinated, and / or programmed wants that are destructive and damaging to self, others, and Creation notwithstanding occasional appearances to the contrary.

In contradistinction to this, taking care of Self Properly so we can manifest our True uninhibited Self is done at no one's expense and in a way that truly Benefits Creation. Therefore, when people who have first nourished and figured themselves out come together... well, great wonders can happen and the Opportunity can present itself for things to be Truly Different and for the pattern of bondage and self defeat to be broken for good.

If marriage and / or children came for you before this Journey of re-discovery... simply be great-full. After all, it was your Desire to be a good parent that brought you to this point. It takes guts to face what has been written in this book. It takes guts to face in a short time what took me more than 17 years to unveil and come to terms with. Thus, be Proud of yourself, of your Desire, of your guts and strength, of your choice for Life.

The task at hand now is to determine whether you and your family could benefit from allowing yourselves the privacy, time, room, flexibility, and changes needed for this personal journey. Besides the suggestions already made, this Light-Hearted Journey of re-discovery could probably include the following steps:

- re-learn to manifest and Love yourself as the man of Virtue or woman of Graces that you are

- re-awaken to your innate Love for the Father Within and Nature

- remember your personal Vision with the Father Within and begin to turn it into a reality in your Life
- create a Sacred Space wherever you are

It is Truly never too late to make a change for the Better and welcome greater Happiness and Joy into your Life.

Father Which Is in Heaven:

*Sacredness is an expression of*
*Divine Influence, Presence.*

*It is not however that which*
*the secular world has sought.*

*In Sacredness of Perception*
*you may see all that the Father puts before you to do.*

*Should you choose to Relax, Invite, Trust, embrace in Faith*
*that which is your Greater Good to do,*
*you shall see Sanctified and Solidified*
*that which is your Father's Good Will to do.*

# A few more Q's and A's

Once again, please keep in mind that the following answers are nothing more nor less than suggestions that may facilitate your success in the noble task of parenting. These suggestions are based on what I have found to be helpful in my own life thanks to Linda and Father.

Receive them lightly.

The real Gift is not in the content of this book but in the Gifts, Visions, and Guidance Father Which Is in Heaven offers you through it.

## *First Question*

**Q.** So what about the 'biological clock' that thrives reproduction? Doesn't that prove Nature intended us to marry and reproduce while young?

**A.** I don't think so. Based on personal experience, I believe that this clock has become unsynchronized with the natural rhythms of the body and thus Creation. Why? Because of the relentless assault the body is experiencing against its life and well being and thus its perception of imminent death.

This is not unlike what can be observed in a garden with stressed plants. Stressed, malnourished, or sickly plants quickly go into flowering and seed production even if they are not fully developed. Flowering root bound seedlings found in nurseries are a classic example of this abnormal growth pattern. This is in stark contradistinction to healthy plants which will grow and develop into strong specimens before flowering and producing seed.

Once proper and natural action is taken to enhance one's lifespan the pressure to reproduce which existed prior to such action vanishes into thin air.

Also, when people have children without first figuring themselves out, without knowing how to be at Peace with themselves and Creation, with false desires, contracts, obligations, and aspirations, with lack of awareness of the Father Within, with unresolved personal and generational issues, traumas, doubts, and fears, with familial spirits, and to top it off, malnourished and poisoned they actually pass all of this 'stuff' to their children who then have to go through life with this garbage not knowing that it isn't theirs. And whether we would like to face or admit this or not, this is an awful thing to do to anyone.

You should know how this feels because it is very likely your parents did exactly this either out of ignorance, rebellion [35], or purposeful intention (yes, there are those lineages that cultivate perversity.)

When Linda and I were together, I went through a phase in which I found myself strongly craving a relationship with a black haired woman (Linda was blond.) While I knew at that time that my parents were putting a lot of effort to separate us, addressing this issue from such viewpoint was shielding no results. Then one day during one of my dad's visits, he recounted a story of his youth.

It was summer time and his parents took him to the beach. There, he met a beautiful girl with whom he had a major crush. Unfortunately, his dad didn't approve and eventually forced him to terminate the relationship. This was very devastating and painful for him. It left an open wound which eventually faded unresolved into the background. Would you like to guess what color this girl's hair was?

Sadly enough, my dad's experience actually repeated itself when I was a teenager. I fell deeply in Love with a classmate and we began having a wonderful time together. Then, one day, I made the mistake of taking her home with some other friends and my mom, unbeknownst to me, took this opportunity to talk to her in private and advise her to 'stay the hell out of my life.' I never understood why this girl and later others as well began to suddenly avoid me like the plague until Father addressed this issue while with Linda. This event certainly created a wound that resonated with my dad's and caused a lot of self doubt and feelings of unworthiness. It also marks a time in which I began to make very unhealthy and detrimental choices. I wonder if my dad was similarly affected...

[35] Unfortunately, when children 'rebel' against their parents and society by engaging in sex they are really just perpetuating the problem, not solving it.

When this wound surfaced for closure it coincided with my parents efforts to destroy my marriage. Guess what would have happened if I hadn't had Father's Assistance in my Life? You're right, I would have ruined my Life trying to fulfill someone else's unmet desire and by the time I would have woken up from the stupor, if ever, the damage would have already been done.

Also, what do you think would have happened if I had had children before bringing full closure to this issue? Merry go round, merry go round... here we go again...

Have you ever wondered how many of the dreams and desires you pursued or are pursuing in your life are actually yours in the first place? How many of the difficulties you encountered or are encountering are actually of your making? What you picked up or inherited from your ancestors? What you absorbed from the movies you watched, the video games you played, the books and magazines you read, the news you heard, and the people you met, befriended, or idolized?

A journey of self discovery before marriage and having children can make such a big difference... Fortunately, it is never too late to correct mistakes (at least some of them.) If you already have children, any corrections that you undertake in this area will automatically become available to them. This is a beautiful thing to do, a beautiful gift to share. True sovereign expression is an individual experience that requires some 'inner' sorting and purging until one finds the 'pearl of great prize.'

One important thing to understand about dealing with an issue in your life that actually belongs to someone else is that you can't bring closure to it for them. What you can do is recognize the origin of the issue and address your identification with it and the problems it caused in your life. In so doing you can ensure that it is not passed down to your children or that your children are set

free from it. However, your choices wont heal that person's original wound. That healing is his / her responsibility [36].

So my dad still needs to deal with his pain and learn from this experience. However, the closure I have brought to my part of the equation will make this that much easier for him. Especially because I have asked that our past, present, and future lineage be cleansed from this error and restored to Truth of a Joy-Full Life.

[36] If you have been dealing with an issue for a long time and have been unable to bring closure to it, then it is very likely that it is not yours to begin with. You are just picking it up from someone else. It can be either from your lineage or from someone unrelated dumping his / her issues on you.

## Second Question

**Q.** What about soul mates? Shouldn't we go about finding our very one?

**A.** This is an interesting question with an answer that is not so easily explained, perhaps because of how limited my knowing in this matter still is. I will oversimplify lest I get myself in trouble.

What Linda and I understood from Father is that when a Soul chooses to incarnate on Earth and draws its plan for its life, it also chooses other Souls with whom to accomplish this plan. Every Soul that agrees to be a part of this becomes a 'soul mate'. Thus any given individual has many soul mates, not just that 'one and only.' These soul mates can be men or women and basically are just 'good old Soul friends.' Some play a small role in our lives and others a larger one. They can be way younger or older than us.

The perception we have that there is only one soul mate and that this soul mate is meant to be our other half with whom we are to have that 'ever happy' romantic relation gets us in trouble when we run into a soul mate. Why? Because as soon as we meet one, we dump all these expectations unto them and if they do the same, then a lot of things may happen that were never intended – especially if the soul mate we meet happens to be of the same sex we are.

It is important to recognize that while it very well may be that one of the soul mates we will meet along our Journey is someone we are meant to have an intimate relationship with, that this is not the case with every soul mate we meet. Thus we must learn to differentiate and not let the hunger to be loved cause us to be swept away by the Loving feelings that are awakened in their presence.

Please also note that abusers are not soul mates. Why? Because their goal is to destroy our Joy and Well Being and to interfere with our capacity to manifest

Father Which Is in Heaven's Good Will and Intent for us. Remember Father's Words:

Father Which Is in Heaven:

*... that which is by Divine Nature*
*inherent in humankind, humans*
*is that which is Noble...*

*Every moment of every day*
*that which is by Nature kind [...]*
*is inherently awakened through*
*that which is Holy.*

Abusers are neither Noble nor Holy by choice of actions. If they were they would not abuse, notwithstanding any teachings to the contrary about 'karma' and learning through abuse. This is a huge hoax perpetrated on us to justify the insanity that's going on upon Earth.

Source:

*My Dear Child, there is but one answer*
*to the question of Divine Creaturehood.*
*It is this:*
*be you not at Peace and 'goes well' is unlikely.*

*It is in great Peace and Joy all Happiness is found.*

*You are no more, no less,*
*than a Divine Creature of habit,*
*who believes Righteous Endeavor*
*is not found with a pure Heart,*
*but instead within pain and sorrow.*

*It is a great teaching of death and destruction*
*that holds prisoner*
*all vestiges / hopes of a Greater Tomorrow.*

*Free yourself of all sorrow regarding this matter*
*for all sorrow and pain serve not Divine Truth.*
*(Today) This day, lay down your pain and sorrow*
*for a Greater Tomorrow.*

## Third Question

**Q.** What about that unbearable emptiness I feel? Something is surely missing. Wouldn't that be my other half with whom I'm destined to spend the rest of my life together?

**A.** This is another difficult question to answer because the answer borders on the unbelievable. It is that out there.

Simply stated, the answer is no. The emptiness you are feeling is not because you are missing your 'other half' when that is understood as another person. Not even because you are missing God in your life. That emptiness is there because there is literally a part of you, a part of your very being, that is missing. This part was taken from you when you were a baby and it was given to someone else. Thus you are literally searching, yearning, and looking for 'yourself' – that part that was stolen from you.

Father has referred to this part of our Being that gets stolen as a 'spitfire' and we never quite understood why. Both Linda and I had ours stolen. It happens in hospitals – which by the way is one of the reasons people have been tricked into giving birth in such institutions. It facilitates the process. How this is done Father never explained. He never liked to waste time explaining how darkness, death, decay, and destruction operate. He always Desired us to focus on learning how to do things Differently.

It should be obvious to you that the person to whom a spitfire is given is certainly a person devoid of integrity and therefore good will. If they had any, they would not have accepted it nor participated in such perversion. The people who actually receive them are what psychologists would call 'psychopaths.' In religious circles they may be referred to as 'demonic'. Other common terminology for them is 'energetic vampires.' Either way, these are very destructive beings of such darkness and brutality that they need to literally camouflage themselves to

function undetected in society[37]. The stolen spitfire is that camouflage. They literally hide their darkness behind the Light of that spitfire. This is why people fall for them and get deceived by them. They see the beauty and holiness of the spitfire but can't recognize the darkness hiding behind it.

While this person gets your spitfire, the space this makes in you is filled with anger, hatred, and perversion from this person. The dynamics go something like this. Whenever this person needs to go to a place where he / she needs full camouflage, he / she will do a major dump of darkness on you and take all the goodness and good will it can from you (your spitfire gives this person direct access to you.) Overwhelmed by such dump, your behavior notably changes for the worse while she / he is having the time of his / her lifetime as the star of the crowd. Admired for his / her spiritual abilities and insights, his / her charm and perhaps even compassion. What a charade!

It is very likely that you will encounter this person soon other later and when you do you will be impressed by her / him. You will most likely immediately recognize your spitfire and not knowing any better automatically assign the Love you feel toward your spitfire to that person. At last you found that which was missing in your life – your 'other half.' Don't be harsh on you, that's how it was always planned to be (albeit not by you or Father) to ensnare you.

This person will be successful in the areas that you feel drawn to from your Heart and this will enhance the deception of the 'perfect match.' Why? Because of your spitfire, for the spitfire contains the information of your purpose in Life, the instructions on how to go about fulfilling it, and the means to receive the Abundance that is meant to be yours. This is why this person you will meet will

[37]NOTE: not everyone who is a psychopath, is possessed, or an energetic vampire is someone who has received a spitfire and thus fits the description above. Some of them are actually the ones who had their spitfire stolen and still others may not have been affected by this at all.

be successful in these areas while you are not – at least not to the extent he / she is and this includes finances.

So what do you do about this if you are affected by this loneliness? Don't play and don't allow yourself to be fooled by it. If you already are in relationship with such person, find a way out. Recognize that behind the desire for this person's love and approval is your Desire for the return of your spitfire and that staying with this person will never get you your spitfire back no matter how much you contort yourself to please him or her.

The best part is that you already took the first step to correct this issue by learning about the origin of such emptiness and the dynamics at play.

The second step is to recognize that this is literally a life and death situation that should not be taken lightly. Father has explained that trying to get one's spitfire back without being ready may result in death. This is not a joke nor exaggeration. These people will not hesitate to arrange for one's death if that is what it takes to keep the spitfire. Don't fear this. Simple proceed with caution and avoid conflict while standing up for yourself without a fight [38].

The next step is to have a conversation with the Father Within and explain to Him that you would like this issue corrected and ask Him to bring the necessary assistance to accomplish this safely and expediently. Trust that this will be so.

Until that day in which you receive your spitfire back, you must clear all the garbage that was dumped on you and now occupies the space of your spitfire. After all, you want your spitfire to return to a nice, clean, and tidy space. This is easily accomplished by inviting the Truth of who you are and the Father Within to be active and present in this part of your Being. When you do this, deception

[38] Remember my suggestions to watch Cesar Milan? He teaches this principle through his interaction with animals.

must leave, just like the dark 'leaves' when you turn on the light in a dark room. Then invite your Guardian Angel to protect this area of your being as well. Your task now is to keep this area 'clean' until you are ready to receive your spitfire back.

When you see a surrogate of this person or this person dumps crap on you, you just don't accept it. Don't take it in. Just keep the light on so to speak. Stay Present. This may be difficult at first especially while you still feel so empty and hungry. Thus it may take several rounds before you can hold that space clear for a while. This is one of the reasons proper nourishment is so essential. Whenever you slip, 'turn on the light again' and ask your Guardian Angel to help protect that area of yours. No big deal. Easy does it.

Go about your days knowing and rejoicing in the fact that sometime in the perhaps not so distant future your spitfire will be returned to you safely because you need it to fulfill your Desire to walk with the Father Within and because you Desire its return [39]. Until then, nourish yourself as much as you can with healthy foods and nourishing creative undertakings that support your Desire for the Father Within. This will strengthen you and make it easier to stand your ground.

One day you will notice the loneliness or emptiness gone. Your craving for another is no longer there. You feel satisfied with yourself. This is a good thing. Keep it. If loneliness tries to come back, just wave it away. If you fail at first, its ok. Keep taking the necessary steps until you can retain this feeling of wholeness once again. Eventually you will get the fullness of your spitfire back and you will be able to fully remember your purpose on Earth and implement it.

[39] Desiring to walk with the Father Within and thus to have your spitfire returned is very different than wishing someone ill. There is no vindictive energy. If you find yourself entertaining such energies simply let them go or don't go out to play with them. Feeling justified in anger, resentment, etc., etc. for what they have done is a trap not worth falling for and certainly worth freeing yourself from.

Does this mean then that you can't share your life in a relationship with someone else? No. It simply means that you recognize that relationships will not fix this particular problem. They may keep you distracted from it but they wont solve it. Especially a relationship with the person who has your spitfire. It also means that instead of seeking relationships compelled by neediness and loneliness you can now do so out of wholeness and completeness. This is way more satisfying and healthy.

It is important to understand that your spitfire can be traded between people, just like a car or any other item. The beings who are behind this insanity will try to trick you once you become aware of what is happening and begin to take corrective action. “Well,” they will whisper, “if we give your spitfire to this bombshell of a person, would you play our game? What about this one? She / he is so seductive. Look at their body! What about one that looks just like your dad or mom?” Never play regardless of how many lights their offers light in you – which is to say, how aroused you feel about the offer. You will always get the short end of the stick  as they continue to drain your life energy away.

It is also important to recognize that, as Linda noted, it is improper to sit around desiring your spitfire back just so you can live in abundance or have and do whatever you were indoctrinated to think you want. The purpose of receiving the spitfire is to be returned to your full spiritual capacity so you can do what we all came to Earth to do: take a walk with the Father to enter the Garden of Source. That’s it. It is that simple. We are here to walk in Father’s Garden so we can reach the Garden of Source. Without your spitfire you are like the leaf withering on the tree. Your responsibility is to see that you don't wither on the tree and that you have a Joy-full, Lighthearted Journey, Walk, Visit with the Father in His Garden as you walk to the Gate where you enter Source’s Garden.

Now, let's take a break if you haven't already done so. Those Q's and A's were quite a mouthful and we need some breathing room for things to settle down and for us to do our healing. Take as long as it takes for we need to be able to relax and allow ourselves to Play with our imagination for a little bit and we can't do this while turmoil is still around.

# And a Possibility

Welcome back. You are doing quite well to persevere.

Let's relax and allow ourselves to Play with our imagination for a while. The goal of this Play is to imagine what kind of wonderful children would be birthed and what kind of life they would have if people would recognize that it is not only possible but also very Desirable to show their Love for their future children well before marriage, well before conception by, for example:

> ... recognizing the importance of preparing themselves spiritually and nutritionally and embarking in a Light Hearted Journey of Self Discovery. A Journey through which they can re-awaken to the men of Virtue and women of Graces they are. A Journey through which they can create beautiful Sacred places – sanctuaries for all that is Noble, Sublime, and Joyous. A Journey through which they can tend to their Inner and Outer Environments with Respect and Loving Kindness.
>
> ... learning to soundly nourish themselves within their own Sacred Spaces as they grow and make the types of foods that strengthen them and prepare them for parenthood. Thus taking the 'local food movement' to the next level of expression while allowing for trade of essential food items between inland and coastline communities.
>
> ... finding out what activities bring healthy Joy to their lives, and rediscovering and implementing their First Righteous Endeavor (See Appendix).
>
> ... refusing to engage in degrading and demoralizing activity and focusing on choices that elevate their Character, Dignity, Health, and Well Being and the Joy, Laughter, and Healthy Fun that such choices bring.

... learning to take care of their body's natural sexual needs in a Healthy, Respectful, and Private manner free of other people's images and energy (this is inherently different than masturbating.)

... understanding the import of telegony[40] and naturally avoiding promiscuity or casual sexual affairs.

... recognizing that 'opposites do <u>not</u> attract' when it comes to having healthy friendships, relationships, and marriage and seeking out like minded people who share in the Desire to manifest Father's Good Will and Intent.

... learning to recognize and have the strength to be non to the 'devil's smile' when it presents itself as the 'perfect partner ' and seeks to seduce them into relationships which, notwithstanding initial appearances to the contrary, are designed to interfere with their Happiness and Life.

... being willing to learn or recognize and thus bypass the basic (unnecessary) lessons of Life before having children. Lessons which teach that no one can live a Healthy and Joyous Life in a malnourished, polluted state disconnected from Nature and Creation. Thus ensuring that this basic KNowledge and Understanding is genetically passed to their children and ending one of the vicious cycles that keep humanity stuck repeating the same mistakes over and over again.

... welcoming a Different Way.

[40] Vladimir Megre in his Ringing Cedar Series explains this issue quite well. He also shows how to take corrective action in this regard.

Imagine what kind of children would be birthed and what kind of life they would have if…

… out of Love for the Father Within and a great Desire to Love and take care of their children, couples would first consult with the Father Within to establish on an individual basis if they are ready to become parents.

…couples would begin preparation for conception only if both received similar answers and thus were assured of their readiness and Father's Blessings and Grace.

… couples would postpone conception if they received differing answers and then, out of Love, would Joyfully embark on a Light Hearted journey to determine and implement the needed changes.

- Do they know enough about nutrition to prepare themselves and support the child with healthy meals including healthy breast milk?

- Is their Inner Environment ready? Is Mind, Heart, Soul, and Body clean and Pure? Do they need additional cleansing of their guts, liver / gallbladder, kidneys, lungs, blood, lymph, and brain to help detoxification from unhealthy emotions, pollution, and parasites? Do they need to break sexual and generational ties? Are there any (generational) spells and curses that need nullified? Familial spirits that need purged? Unmet desires that need addressed[41] ? Abuse that needs to be brought to closure?

- Are the outer Environments ready? Are the house and garden simple, nurturing, clean, healthy, free of toxins?

[41] Healthy or innocuous desires can be fulfilled when it is safe to do so. Detrimental desires can be canceled.

- Are they ready to change their lifestyles and adjust their way of Life?

- Do they agree on how to raise the child? Will he / she simply be raised to become another slave in the system (whether in the upper or lower echelons of it)? Constricted and distorted by mindless dogma and family 'values'? Enticed by the carrot of saving / changing the world? Or will the child be raised to be Free and True to his / her Divine Nature and Inheritance? Free to Know and Follow the dictates of his / her unhampered / unmolested True Heart and Soul? One with Nature? Aware that Love sets People Free to follow their own path?

- Do they know how to implement the needed changes, to "create the conditions" that allow Father's Good Will and Intent for their family to become a reality?

- Do they know Father's Direction regarding such things as vaccination, registration of the child into the system, type of education needed by the child, extent to which immediate family and friends would or would not be allowed to interact with this child and the rules those who interact with this child would have to follow, and any other issues they may think of to support the sanctity and purity of their child?

Imagine what kind of children would be birthed and what kind of life they would have if…

… after couples receive clear confirmation from the Father Within of their readiness to conceive a child, they would embark upon a Journey of preparation… a journey of great Joy, anticipation, and Creativity and would:

- follow the Wisdom of 'primitive' societies (as so well identified by Weston A. Price) and enhance their nutrition naturally for at least six months prior to conception so as to ensure their utmost health and thus that of their future child.

- seek further Guidance from Father to find out if:
  - there are any inner changes to be made that could enhance their capacity to Love this child and create the environment he / she will need to flourish in Truth
  - there is a need for extra seeds, herbs, plants, flowers, etc.
  - siblings would benefit from participating in such tasks as preparing a garden for their coming brother / sister

- wonder how this new life will change their lives and begin the process of mentally adapting for these changes.

- ensure there is an abundance of natural foods to support the expecting mom during pregnancy and nursing.

Imagine what kind of children would be birthed and what kind of life they would have if...

... on the day of conception, man and woman would unite in Love motivated by their common Desire for a healthy, beautiful, loving child and in so doing, would convey these feelings of Love to the child, giving him / her a most beautiful gift.

... the day of conception would be experienced in the safety, beauty, peace, and comfort of the Sacred Environment they have created.

... the Father Within would be invited to Bless and Purify the Union with His Grace and Love.

Imagine what kind of children would be birthed and what kind of life they would have if...

... gestation would be a time of Joy and anticipation during which both parents "talk" to the developing child and assure him / her of their Love and Father's Good Will and Intent.

... gestation would be a time during which parents continue to seek further Guidance and Direction from the Father Within regarding the child.

... the expecting mom would focus only on Joyful activities that bring happy and Peaceful feelings to her and thus the baby. Perhaps delighting in further development of the Sacred Environment that will support the growing family. Perhaps pursuing creative activities that facilitate her awareness of all that is Loving, Gentle, Light Hearted, and Joyful.

... the expecting mom would, to the extent possible, avoid harmful environments, entertainment, friendships, relatives, and activities that would generate unpleasant feelings and experiences. And, when such could not be avoided, she would gently explain what is happening to the developing child and assure him / her of the Father's Good Will and Intent and the Loving Nature of His Creation.

- This is what happened child, this is how one could deal with it Peacefully and make choices that keep one in Father's Grace, Care, and Love.

- Don't take this personally. It isn't about you. This is how I dealt with this now until I learn to do it Differently.

Imagine what kind of children would be birthed and what kind of life they would have if...

... the expecting dad would also mind his actions and choices so he can Joyfully support his wife and nurture the developing child by among other things talking to him / her while still in the womb.

... the expecting dad would strengthen and expand the Peace, Stability, Love, Joy, Laughter, Happiness, Hope, Abundance, Well Being of his inner and outer environments and thus bless his child who experiences this Loving 'atmosphere' even while still in the womb.

... the health of the expecting mom would be monitored right within the Sacred Environment by choosing the services of a Wise, Gentle, and Respectful midwife.

... both parents would begin the process of discovering this child's Creative Endeavor so they can take necessary action to support it.

... delivery would occur within this natural environment and only in the presence of caring people.

Imagine what kind of children would be birthed and what kind of life they would have if...

... the mom would continue to support her nutritional needs through specialized food items that are rich and nourishing to both herself and child.

... both parents would recognize that this is not a time for fat free, reduced calorie, poison loaded, and starving dieting nor a time to worry about "one's figure".

... both parents would recognize that this is a time to ensure the development of nutrient dense breast milk. Not only through nutrition but through a conscious choice to engage only in activities that support all that is Joyful, Gentle, and Loving.

... both parents would recognize that this specialized nutrition and Joyful feelings help turn a mom's breast milk into Life giving, Life enhancing sweet nectar for their child.

Imagine what kind of children would be birthed and what kind of life they would have if...

... mom, dad, and child would In-Joy time outdoors within their Sacred Environment.

... the baby would be allowed to roam free within the safety of this garden in such a way that he / she can learn from Nature, through Nature, and of Nature free of mindless, noise making, distracting toys and cartoons.

... the Sacred Space was filled with edible herbs, wild plants, berries, and fruits allowing the child to range freely to his / her Heart's content.

... the child could sleep in the beauty and safety of his / her own 'secret garden' touching the Earth, caressed by the wind, illuminated by the stars and moon.

... the child would be taught and supported in being Honest with his / her needs and feelings – even when it means facing disapproval.

Imagine what kind of children would be birthed and what kind of life they would have if...

... parents would realize that the so called 'formative years' of their child should be experienced in the safety of their Sacred Environment rather than in early educational institutions - no matter how 'advanced' or 'natural' they may claim to be.

... parents would realize that this is a time to identify and strengthen their child's innate skills, likes, and abilities that will support his / her Vision with the Father Within.

... parents would ensure the family remains in the Sacred Environment they have created at least through the child's formative years to ensure a strong bonding between the child and his / her Soul / Aura.

... parents implemented the wisdom of some Native Americans and would call forth the child's Soul / Aura to accompany them if they had to move from the place they lived during the child's formative years[42].

[42] Refer to Rev. Hanna Kroeger's "The Seven Spiritual Causes of Ill Health" for slightly more information on this topic.

Imagine what kind of children would be birthed and what kind of life they would have if...

... parents would treat the baby / child as an equal - as Father would say, "mano a mano" or "hand to hand".

... the child would be allowed to make as many decisions as possible and parents would Respect these choices knowing that they could intervene as needed to prevent dangerous situations (for example a child reaching for a boiling pot of water).

... rather than imposing their dogmas, fears, and limitations, parents would be mindful and Respectful and perhaps even allow themselves to learn a thing or two from this new child.

... parents would teach their children by example about Respect, Virtue, and Grace.

... “civilized” parents heeded the Wisdom of “primitive” people and allowed at least 2 to 3 years between pregnancies to facilitate conception of healthy children.

... “civilized” parents re-awakened to the health benefits of long hair[43] for both girls and boys, women and men.

... “civilized” parents re-awakened to the health benefits of squatting[44].

[43] For more information visit “Hair Raising: A Spiritual Journey” - www.Manataka.org/page1936.html
[44] Read more about the benefits of squatting at www.NaturesPlatform.com

Imagine what kind of children would be birthed and what kind of life they would have if parents would change their standards by which successful parenting is measured and come to realize that...

... successful parenting is not established by the type of schools and institutional / dogmatic education a child has access to, neither by GPA or whether he / she ends up making a 'career' and earning lots of money, or having cars and big houses, or being able to vacation in expensive places...

... but rather by (as Weston A. Price identified so well after visiting "primitive" people around the world) :

- the child's level of health and physical strength / robustness
- structural bone development as indicated by such things as a wide and fully developed face that allows all teeth including the wisdom teeth to grow unimpeded and wide nostrils that allow unimpaired breathing (refer to Price's work for examples of this)
- minimal to no tooth decay
- excellent vision and hearing
- gentle and peaceful disposition
- innate high moral and ethical standards that favor Respect for all Life and compassion and care for Self, others, and Earth
- capacity to In-Joy Life in a healthy way

And, as Linda and I would say, by:

- the child's capacity to live his / her Vision with the Father Within / Living God (which of a necessity, is Respectful of all Life)
- Simplicity of Life and Desires

Imagine what kind of children would be birthed and what kind of life they would have if…

> … people would realize that the beauty of successful parenting is in simply 'creating the conditions' that allow Nature and Creation to do what each is Designed to do to develop and nurture Beautiful, Creative, Peaceful, Joyous, and Respectful Beings who fulfill their Vision on Earth with the Father Within free of mindless dogma…

Now imagine…

… these children reaching adulthood, coming together in healthy relationships with healthy spouses and then having children of their own?

What kind of children would be born of them?

What kind of Life would they have?

And finally, take several deep breaths and imagine what kind of Life would you have had, had you been born to such family and Reality?

How would you have developed in such an environment of Beauty, Safety, Abundance, and Love?

What kind of qualities would you now manifest in your Life?

How would you feel about yourself, your family, your environment, and the Father Within?

What kind of Life would you be living? How would you behave?

What kind of friends would you have? What kind of activities would entertain you?

What kind of parent would you be?

What kind of children would you raise?

Now...

... what if you could turn this glimpse into your True Self into Reality?

... what if you could simply drop the old while retaining the learnings and begin living Life as if you had experienced such healthy childhood?

... what if after receiving this transformation, all that remains is 'updating' your environment to match your new Reality... one step at a time?

Could Life be this wonderful indeed?

Father Which Is in Heaven:

*It is not in the doing,*
*as most would have you believe.*

*It is in the wonderment of a single moment*
*wherein you are free of debt, sorrow, and fear.*

*All that remains is Pure Peace of Joy.*

# The end

And so it is my dear friend, this book is coming to an end with a simple thanksgiving and a few words from Father Which Is in Heaven.

To the AdamAic woman and to Father Which Is in Heaven
who changed my Life for the Better:

Thank you.

Thank you for your Beauty.

Thank you for your Love.

Thank you for your Compassion.

Father Which Is in Heaven:

*Proceed in the Father's Plan and Direction*
*and you shall prevail.*

*Success is measured in*
*Peace of mind, comfort, and Joy.*

Father Which Is in Heaven:

*Be NOT deceived by the package*
*for the package deceives.*

'''

*The Light carries not the*
*illusion of grandeur.*

*It carries a steady, intensely,*
*Divine Light.*

Father Which Is in Heaven:

*You are neither a fool nor fool hardy.*

*Be NOT fooled*
*by those who would foist upon you*
*that which is in opposition*
*to your Father Which Is in Heaven.*

Father Which Is in Heaven:

*Good Will*
*is that which is your Father's Intent for you.*

*His Intent*
*is for your Blessedness, Wholeness, and Completeness*
*out of the Consciousness / Awareness of the*
*Love that you are.*

***Will His Intent for you to be manifest.***

***Divine Answers Respect all living things.***

Father Which Is in Heaven:

*When you Honor another and they Honor you*
*there is Peace in the world that has Greater Value*
*than all the "peace initiatives" put together.*

*You will not be immobilized when you understand this Principle*
*put together with Divine Respect*
*and Honor that Which Is Sacred:*
*the Soul of the individual.*

Father Which Is in Heaven:

*Take one step at a time*
*in the general direction you should go,*
*Lovingly and gently.*

*Let your Heart warm in the Sun*
*of a Greater Nature of which you are*
*more capable than you Now Know.*

# Appendix

## *Heaven on Earth*

As we contemplate how to 'solidify Heaven on Earth' it is of utmost importance to have a clear understanding of what 'Heaven' actually is. What follows is a slightly adapted entry from my BlueStar Blog:

> In my last post of the Spiritual Swimming series (SP 29) I quoted Father explaining to us that to succeed in the choice for Him we have to seek His Kingdom.
>
> But how do you find His Kingdom when you don't know what that is?
>
> When we asked for clarification some time ago, it was Given to us to know that:
>
> > **The Kingdom is <u>our</u> Desire for <u>Heaven</u> made manifest**
>
> When we realize that what we want is the same as what Father manifests, we allow ourselves to recognize we are of one a-chord with the Father. In this, we become one with the Father.
>
> You may be familiar with the quote from Jesus: "I and my Father are one."
>
> Knowing what the Kingdom is, the next logical question is what is Heaven. When we asked this question, it was Given to us to know that:
>
> > **<u>Heaven</u> is Right & Proper Function of our Divine Expression in a Kingly, Right-forward manner.**
>
> Father Which Is in Heaven:
>
> *It is not however,*
> *your unique individual expression of wanton [45]glory.*

[45] Lustful, malicious, extravagant, obscene, unprincipled, debauchery.

Kingly:
- Pertaining or proper to a king or kings

King: [... from the root of E. kin (1)]

Kin (1):
- A group of persons descended from a common ancestor

This is to say that seeking Father's Kingdom and thus giving expression to our Desire for Heaven or solidifying Heaven on Earth is to manifest our Desire for Right and Proper Function of our Divine Expression in recognition of our Heritage as children of the Father Which Is in Heaven and thus befitted with all that is Proper to us: our Divine Inheritance and Heritage.

We are not the worthless, incapable, ignorant, inferior, weak and helpless beings the unrighteous – unholy have convinced us we are so that they could steal all of our Divine Inheritance and Heritage from us. We are not beggars, we are not debtors, we are not sinners, we are not prostitutes, we are not debauchers of self and others, and we are not the servants of the unrighteous – unholy.

We are Regal and Kingly in Nature and it is our Birthright to recognize this and return to our place as men and women of the Father Who fully manifests in our Lives when we are in Right and Proper Function of our Divine Expression.

To seek Father's Kingdom - "to bring Heaven to Earth" - is to Desire restoration to the Truth of Who We Are, to our Love as Self, to our walk with Father as His descendants while alive on this Earth. It is to walk upright with the Father as His companions / compatriots and to have our Inheritance and Heritage restored to us. It is to Remember the Truth of Who We Are.

To seek Father's Kingdom is indeed a most wonderful thing to do.

What makes 'restoring the earth' insufficient is the very fact that it completely ignores the issue of our Divine Nature and Father's Good Will and Intent for us while presupposing that humans are intrinsically destructive prostitutes. Something which can be controlled, suppressed, condemned, and regulated but not changed.

There is more that could be said, but this is a good start. Heaven starts with you and no one else need be there for you to experience it. Remember? No one to save, no one to conquer, no one to change…

Heaven is but a Breath away.

What a relief !

## *Harmony with the Father and a Home*

(adapted from Linda's notes)

Normally, one of the objections that is raised about walking with the Father is the inculcated notion of enslavement to someone else's will - “thy will be done... not mine.”

The reason this misconception is so popular is because that is what the deceivers do and have imposed upon or deceived People into. Through a 'sleight of hand' or some majik trick they keep us from noticing the falsity of this concept and activity which is commonly referred to as 'slabor' in our writings.

People get all concerned about slave labor in their spiritual lives unable to recognize the Truth because they are so engrossed in the deception which is the diversion for the real 'sleight of hand' that keeps us thinking that the common everyday 'go to work and be a good slave laborer' mentality is the only way to keep a job, feed a family, and have a house.

Thus, when we talk about Harmony with the Father, or seeking His Good Will and Intent, or walking with the Father, or putting our Desire for the Father Within first, all this false witness and deception immediately comes to fill in the perception and thinking process.

The starting point to undo this false testimony is to recognize that Harmonious is not equal to subservient.

*Harmonious* ≠ subservient

Harmony means that we walk in Father's Garden, talking to Him and learning from Him. Thinking about what He shows us so that we can increase our understanding of Life, Self, and Creation and expand or progress our perception so that we can walk all the way to the Garden of Source.

It is really important for us to understand that all Father Which Is in Heaven set out to do is to Bring us Greater Understanding, Teachings, Perceptions that would allow us to continue our walk into Source's Garden.

Coming to Earth was always supposed to be Fun. It was supposed to be done with a Light Heart and Joy because it was something we all Desired to do – progress to Source's Garden and Hear Source, Understand Source, and Learn even more through the process of experiencing Source's Garden. Originally this was a totally personal choice.

The point of this is that when we talk about being Harmonious with the Father we are not talking about religion nor about slabor. We are talking about Sharing, Joy, Light Heart, Being the Love we are, and Being Sovereign. None of these concepts are abstractions in that experience. They are Real. They Express who we are. This is very different than the false concept that has been imposed upon us in this regard.

The Desire we have for a Home is born out of our Desire to have our own 'Garden of Eden.' A little sacred space on Earth where we can walk with the Father in this Garden as we progress unto Source.

Obviously, not everyone would live in the same Garden. This 'Garden of Eden' would not be one place to all People. Each would have his / her own garden and perhaps share the space with a few other people.

This is to say that the notion that there is only one 'Garden of Eden' that applies to all People is incorrect. “We all come from Adam and Eve from the Garden of Eden,” they say. Well no. We didn't. This is why there were other People, other places: the whole Earth was not the 'Garden of Eden.' The 'Garden of Eden' was an example of one place where two People lived in a sacred space and walked through their garden with Father on their way to Source.

The little piece of Truth incorporated in the notion of the 'Garden of Eden' has deceived millions or billions of People for a very long time. Without a Right understanding of what Home and the Garden is or of the idea of the 'Garden of Eden' we can't progress to Source. All we can do is remain slabor to the idea of religion or government.

While it is True that the entire Earth is sacred, not every space is sacred to all People even though People will have several sacred places in which they can reside[46]. This is why not everyone who goes to a particular 'sacred space' can feel the sacredness of that space nor receive healing or benefit from having visited it or resided in it. This

[46] This allows for the going and coming of People.

'failure' is not a sign of lack of spiritual awareness or 'faith in God.' However, it is the reason why People thrive in certain places but not in others[47].

Martin:
"To place Father first in all we do is to place this Truth of walking in the Garden and what that is first. That all we do is with this perception in mind so as to In-Joy His Garden, learn from Him, and walk unto Source's Gate and Garden."

Linda:
"That includes being able to express as who you are."

Martin:
"All the Earth is sacred, but it is not all sacred to any given individual. The whole Earth is sacred because all those places for different People encompass the Earth. We have our own sacred space and others have their own sacred space. Thus, what is sacred land for one is not necessarily sacred for another. This doesn't mean you have the right to defile someone else's sacred space because it is not sacred to you. It doesn't give you the right to force others to deny the sacredness of their space because it isn't sacred to you. Neither does it mean you can force or dupe others into accepting your sacred space as the one and only in existence.

Ideally People would focus on residing in or visiting only those places that are sacred to them. This naturally results in Respect for each other's land and automatically negates any divine justification for war and conquest. It also ensures that every place that is visited will have a positive and beneficial influence."

Linda:
"It is difficult to see the Earth as sacred because of how they have defiled it. All we see is piles of dung. Toxic ponds and so on...

It was never "he" the person that would come back to the People. It was Truth. The Truth that he tried to teach is what would come back. That would be found again with the Father.

[47] This is one of the problems Native Americans or many displaced / relocated People are having. They were removed from their sacred space into land that is not sacred to them. Thus they flounder in ill health and disorientation.

The Father leads not the way
I instead walk beside the Father
in Harmony every day
in All Righteous and Holy Way."

## First Righteous Endeavor

The following is adapted from our books “Notes of First Righteous Endeavor” and “Soul Awakening” which contain information Father Which Is in Heaven shared with us to explain how we should have used, could use, and could teach our children to use in a healthy and sustaining way the creative energy that flows through us. While it is True that this creative energy can be used to give birth to children through the loving union of a man and a woman, this is not its primary purpose. That is to say, creative energy is not made available to us by Creator so we can have sex, but rather so we can be creative. Reproduction is but an aspect of its potential.

Our First Righteous Endeavor is what we would be doing by our late teens to early 20’s when all the abundance of creative energy makes itself available to us. The strength and power of this energy is intended to literally catapult us through all obstacles that would prevent us from fulfilling this endeavor. It is what gives us that beautiful perception of invincibility so characteristic of that age. That invincibility that makes everything possible and gives us an aura of immortality. What a beautiful Life we would have if, instead of being fooled into misdirecting this energy into promiscuity, politics, war, religion, or 'saving the world' / converting the 'pagans', we would direct it to fulfill our First Righteous Endeavor.

What is our First Righteous Endeavor? It is the expression and fulfillment of a creative understanding that would restore us to Unity with our Divine Nature and with the Divine. It is an endeavor that would allow us to correct the only real mistake we made – separating ourselves from the Divine. It is an endeavor that would allow us to “make right” the only thing we seek to correct in Life – our separation from the Divine. It is an endeavor that would teach us how to fish so we may never have to beg for food again. It is how we begin to solidify Heaven on Earth.

This Desire to correct this mistake brings what could be called Divine Retribution and allows us to sit with the Father and ponder together: ”What will facilitate us Knowing ourselves as Whole again? What kind of life and experiences would help us make this mistake right?”

Out of these answers a plan is drawn and an unique Creative Endeavor is born, specifically tailored for each one of us to regain our experience of our feeling tones or union with the Divine. Our First Righteous Endeavor is thus the springboard toward

fulfillment of this unique Creative Endeavor and is therefore Joyful and Blessed. The Father and His Creation fully support it and provide all the necessary means to bring it to fruition.

The awareness of this endeavor is innately present in us and would have naturally been expressed by us as children. What a difference it would have made in our lives if our parents had known about this. What a difference it would have made in our lives if our parents would have fully supported this instead of interfering with its expression so as to meet societal and familial pressures.

While it is the case that the Desire to fulfill this endeavor never leaves us, few of us have enough strength or awareness left during our adult life to answer this call. Those who do however, begin looking at church, workshops, books, tapes, television, and so on for the answer. After all, there is an abundance of books, workshops, “teachers”, ministers, etc. who will help us find our “purpose” for a fee and who promise us that “when we do what we love, the money will follow.” And therein lies the trap, for while it is true that when we are doing “it”, the money, means, or funds follow, we aren't just looking for our “purpose” or something we enjoy doing. Instead, what we are really seeking in our Heart is that very unique Creative Endeavor specifically chosen by us and the Divine for the purpose of correcting our mistake. That Creative Endeavor designed to provide the experiences and learnings needed to sustain our feeling tones once we awaken to them. That Creative Endeavor that will prepare us for and re-unite us with the Divine.

That is then our task. To re-discover this Creative Endeavor and re-align ourselves with this Desire for re-union so we can bring it to fruition. For those with children, this task includes creating the conditions that allow these children to nurture and act upon this Desire. Anastasia, through Vladimir Megre in his “Ringing Cedar Series,” gives us a wonderful hint as to how such conditions can be created and brought to life in a 'family domain.'

Thus the urgency to re-learn the purpose of parenting and to free ourselves from all false testimonies that have been intentionally imprinted in us to destroy this process and our sense of self worth. For if we had a strong sense of self worth, we would have marched along toward fulfillment of this creative expression, untouched by opposition.

The following steps can be used to re-awaken to our First Righteous Endeavor. This is by no means the only way and could probably be enhanced by using Janet Conner's method described in her book 'Writing Down Your Soul'.

- Ask to be Free of shadows of forbearing for three consecutive days.
- Each shade and shadow of darkness that surfaces during these three days needs prayer to 'lay down the sorrow' accompanying it.
- The night of the third day ask Father Which Is in Heaven what your life would have been if you had been free of the shadow of forbearing.
- Lay your sorrow down and ask what could be done to "make it right".
- Know you will receive an answer.

Note that being engaged in a creative endeavor that is not specifically designed to re-unite us with the Divine will not sustain the experience of our feeling tones. These tones express as Transcendent Love or Rapture, as well as other Divine, rather than human concepts, such as Peace, Joy, Harmony, and so forth.

Additional support to uncover this Life Goal comes from a contemplation Linda developed based on Father's Guidance. See "Celestial Symphony and Life Goal Contemplation" in this Appendix. If you would prefer an audio version of this guide, please visit www.bluestarway.com/rosenoelblog/ and search the audio files.

## Celestial Symphony and Life Goal Contemplation

By Linda Diane Mead, Ph. D.

This contemplation was created during the 2011 Winter Solstice – December 20 thru 25. Father gave instruction regarding Celestial Music and our earthly experience during that time.

Contemplation is used to describe this recording so as to eliminate preconceptions of meditation and visualization. All new information Father gives is "for contemplation". This brings Truth to mind and we are able to end "playing" with unrighteous – unholy thoughts.

When you become aware of undesirable thoughts, you can turn your "what if it is True" attention to Father's instruction and contemplate the way Truth fits in your Life.

I invite you to have a comfortable seat in a pleasant environment with temperatures and lighting that sooth and comfort your body and your Soul.

Stop the mental process you have been engaging. Stop the unrighteous -unholy thinking. Stop unrighteous - unholy memories - the things that you need to do, want to do, have been told you should do.

This is the time to stop playing with the unrighteous – unholy and focus exclusively on that which is Divine in your Nature.

Take several deep full breaths slowly inhaling and exhaling. Feel the air fill your whole chest, abdomen, your whole body. Slowly exhale your breath sending out all unrighteous - unholy energy that has filled the space you dwell.

As you breathe in see that space filled with the Love, the Truth, the Joy of who you Are, which you respect, honor, and cherish.

All the deception of who you are is exhaled with each breath.

You are filled with the True Love, Power, the celestial symphony that plays in the air.
Focus on your creative capacity. Focus on the imagery, the sounds, the creative expression that has been waiting within you for expression.

You can. You have the capacity.

You now are aware of an image - an image you have carried within - within your Soul and your Spirit that is Divine in origin.

That image begins with you sitting in a comfortable chair at a table you see as beautiful and nourishing. A comfortable place for you to create, to write, to draw, to contemplate.

The day is beautiful. Your table and chair are in Father's Garden where SunShine streams through blue skies. Perhaps puffy clouds float gently on a balmy breeze.

You are aware of the music playing upon the Heartstrings of your Desire. Your Desire is the strength, the Power, the motivation for the Truth you are now ready to receive and creatively express.

This is the music of your vibrational body. It is the music of the Father. It is the music of the Celestial symphony.

The tones from which you form your vibrational body are a part in the music of the Father. The music of the Father is a part in the celestial Symphony - the music of the spheres.

As you are aware of the tone, the vibration, the beauty, the Love, the Joy, the Peace, and the Power of your Divine Expression, you Feel the Celestial Symphony raising your Heartfelt Desire to a Vision that comes from your creative expression.

This creative expression is your Life Goal.

It is the creative expression you came to the Earth Experience to manifest in physical form. It is a Light-Hearted Joyful adventure during which you Know your Self in new and creative ways and you know the Father in new and creative ways, for that is one of the Gifts of expression in Earth Experience.
As this Life Goal becomes clearer in your awareness, you open your journal which has been laying on the table awaiting your creative expression.

You pick up the pen that is your favorite writing instrument. Perhaps it is a brush that you dip in ink, or a fountain pen that reminds you of romantic entries in a journal of

long ago. Or perhaps it is the newest most advanced form of writing instrument available. Whatever nourishes your Soul and your creative expression is what you are aware of in this experience.

Desire to Know your Goal for it is the strength of your Desire that makes it so.

In your journal you begin to make a drawing, or write a verse, or in some way describe your Life Goal. This Life Goal is your unique creative expression. It is the part you have come to Play.

Perhaps the images you receive of this goal are separate, individual, single images. A bird, a flower, a flame, a house. There are many things that can express your Goal. The symbolic nature of this Goal may be part of your creative expression.

Simply identify this Goal by a Vision, a Feeling, a Word, Music.

In the vast array of opportunities available for creative expression, would you in fact form a clay model? Perhaps make a photograph. Form a piece of jewelry. Whatever image, Vision, Feeling you would creatively express defines your Goal.

What are the characteristics, the colors, the shapes, the materials, the minerals, the gemstones, the yarns, the clay, the clothes?

Write a description of your goal. Symbolic poetry of any style is a creative, effective, form to give voice to your goal.

How do you express the Vision, the Feeling, the music; characteristics, colors, shapes of your goal?

As you see yourself finishing your journal entry, where you have recorded your creative expression, the life goal that is yours, list the steps that you now see in creating that goal.

Goals are often not a creative expression that you would immediately rise from the table and bring to completion or fruition. Most goals will be a creative process of steps you will define, creative materials you will secure and then implementation.
However, there may be many variations and expressions.

What is your unique creative design for your Life Goal? How will you bring it to expression? What are the many ways that it is possible for this creativity to be expressed? Of those many ways what is the way that brings you the greatest fulfillment and Joy?

You know as you relax in your comfortable chair with your journal and pen on your table, that this is the beginning of a new and expressive way of Living. And if you Feel there is another opportunity needed to refine or define this Life Goal, you return to this comfortable setting in your Garden and you explore your creative Desire on a new day, in a new way.

As you relax and In-Joy this new found knowledge of yourself and your journey, you see a little jar of magic bubbles sitting on the table. You take out the little wand and gently blow bubbles into the pure, balmy breeze, watching them dance and bounce, floating here and there and the laughter lights your day in a bright new way.

And so it is.

(For an audio file of this contemplation visit www.bluestarway.com/rosenoelblog/ or www.bluestarway.com/increase4all/csc_audio)

## Contractual Agreements

Father Which Is in Heaven:

*Seek the simple*
*seek simply.*

*Your contractual agreement is*
*that unspoken, explicitly contract*
*you have through your family*
*to the world.*

One thing that Father asked Linda and I to explore very early in our journey, was the contractual agreement to the world each one of us 'inherited' from our families. This allowed us to void these contracts and re-establish a new commitment with Father Which Is in Heaven to the benefit of future generations.

Perhaps you may feel called to do the same.

After you become aware of those family ties and obligations to the world such as the kind of job, friends, spouse, family, attitude, activities, perversions, and lifestyle you are expected to have, you may void the contract by saying something like this:

> "By Father Which Is in Heaven's and Source's Grace and within Universal Law, I null and void my "obligation" and participation in my family's contractual agreements with / to the world. I also void any and all unhealthy, destructive, and bonding contractual agreements my Soul / Spirit family may have to the world.
>
> I claim my Sovereign Expression as an Honorable (man / woman) / Soul / Spirit who walks Harmoniously with Father Which Is in Heaven unto Source and All that Is. I claim my Divinity and therefore inherent benevolent Nature. I set myself and all future generations free from bondage that we may In-Joy in Peace, Abundance, Harmony, and Laughter the Good Will and Intent of Father Which Is in Heaven unto Source and All That Is for us through Soul / Spirit Nourishing and Strengthening Endeavors that Respect all Life and are Free from the need /

want / desire to experience anything other than that which is Respectful of all Life or a Higher Expression / Manifestation of this concept.

And so it is. Thank you.

Your name(s) “

It is that simple and that easy.

Whenever the 'old patterns' show up demanding you bow before the destructive agreements, you simply state: “this alleged contract is null and void / unenforceable ”, and make different choices that Honor your True Self and Father Which Is in Heaven. In this, you truly must learn to stand your ground without engaging in 'battle' to prove you are right, but by simply knowing the nullity of their claim and refusing to answer their call / play their game.

## Freedom Prayer

*Gloriosa, Source, Father,*

*I Free my Soul*
*as I lay this sorrow down.*
*I ask to see in this, by Divine Grace,*
*the purpose or learning*
*of the Divine Plan.*

*I Am Now Free of the need to be loved*
*and I Am filled with KNowing*
*I AM LOVE.*
*I Am Now Free of any anger*
*over not being loved*
*and I Am filled with Harmony, Peace, and Joy.*
*I Am Now Free of any*
*greed / lust / need to*
*steal power and energy from others*
*and I Am filled with Rapture.*

*I Am Now Free of any need to have this*
*pain and sorrow recognized and*
*I Am filled with KNowing I AM Free.*

*This day I seek that which furthers*
*my Greater Endeavor.*

## Split

(or a woman's plight)
by Linda Diane Mead, PhD.

You hurt me.
Again.
This time I knew what I do to myself
to win your approval.
I block the pain
to the extent I can
and allow you to continue the painful process
hopeful
that the moment of pleasure will arrive.

If I can bear enough pain
sometimes it comes.

Always I avoided,
for all that I can remember of this life,
knowing what I do to myself
to endure their pain
seeking the pleasure they might bestow.

I split my consciousness
part aware of the dimmed pain
part seeking toward the joy.

When do I unify my consciousness
to a state of connected Joy?

## Immaculate Conception

Some time ago, a friend provided feedback for my book titled “Artless Creativity”, a book born of Father's Desire to support the healthy expression of men's creativity through their masculinity. Even though I had prepared myself for the potential 'rejection', I was still troubled by her explanation as to why in her mind, there would be little to no market for it: men's pitiful state caused by their lack of spiritual focus, interest, and awareness.

That comment bugged me a lot and I took it to contemplation. Amazingly enough, this led to an answer that pertains to the seeming opposition that appears to exist between men's sexual needs and their spirituality... or should I say between men's spiritual needs and their sexuality?

Needless to say, being raised catholic where the 'spiritually stronger and purer' men become celibate priests and the 'weaker carnal ones' marry and have children, I had been affected by this distortion too. A distortion that also shows its ugly face in many religions across the globe whose priests and monks avoid even looking at women lest they have 'impure carnal' thoughts.

While I was aware of the traditional religious espousal of the 'evils' of sexuality and thus carnality and the need to sacrifice / deny / kill / overcome / conquer the carnal body for the benefit of 'higher' spiritual pursuits that make one 'worthy' of heaven, addressing this problem from this viewpoint proved incomplete. Addressing it from the standpoint of lust and even rape and how either one tarnishes the sexual experience of those who are affected by it also proved insufficient.

What understanding was I missing?

I knew the answer couldn't be that complicated yet it continued to eluded me for a long time.

It wasn't until I was shown how men's lack of spiritual interest is tied up (no pun intended) to the notion of the immaculate conception, that I had a major breakthrough in this regard.

The immaculate conception?

Yes, the immaculate conception.

You mean the one that assures us of Jesus' godly nature and god's sonship? That pillar of Christianity that's also found in other cultures across the globe?

Yep, that very one...

Well, what about it? Our very salvation is supposed to hang on it...

That's a good question. What about it?

Perhaps you could take a few minutes to ponder about this. What kind of indictment against men's sexuality could the notion of the immaculate conception carry?

Dare we take a look?

The premise of the immaculate conception is very basic: 'god' impregnates a woman without the participation of a man. Such act is needed to ensure the resulting child is born sinless and pure. The only begotten 'son' of god pure enough to lead men out of their sinfulness.

Unfortunately this notion of the immaculate conception carries a very subtle yet powerfully harmful subliminal message. Let's unravel it step by step:

- If... when god impregnates a woman by bypassing physical union [48], the resulting child is sinless – a savior of the world...

- And... when men impregnate women, no matter how spiritually enlightened they may be, the resulting children are somehow defective – born of sin and separate from god, controlled by carnal desires, and in need of salvation...

- Then it must follow that... while women can conceive 'holy children,' men cannot and thus, there must be something terribly wrong with men's sexuality and nature. It must also follow that the very process of men entering women and sharing their sperm with them somehow defiles the sacredness of creation.

[48] Today we call that artificial insemination.

The implications of such message are quite obvious. Again, let's take a look at them one at a time:

- If the very act of physical union and sharing is defiling... then what other alternative is there for those men who desire to Honor Creation than to suppress such needs or avoid such physical union? Secretly or openly cursing women for 'tempting' them with 'impure' thoughts and 'ungodly' body sensations while harboring the type of self-hatred that leads to all kinds of guilt and self-flagellation.

- If the end result of self defilement and sinful carnal children prevails regardless whether sexual union occurs within or outside marriage or with a loved one or a prostitute... then what hoot of a difference does it make whether men develop themselves spiritually or not? Whether men engage in all kinds of deviate and destructive behavior or not? Whether men Respect women or not? Whether men Respect their children or not?

In other words, if by accepting their 'sexuality' men implicitly choose defilement of self, women, children, and creation... then why would abstaining from pornography, lust, prostitutes, abuse, rape, and drunkenness make any difference? Why even bother with the notion of Respect? And if this premise is right, where does one draw the line to delineate 'acceptable' versus 'unacceptable' behavior, and why would it matter to do so? After all, the 'faithfully pure' and sexually active men defile themselves and creation just as much as the 'unfaithfully debased' ones...

While the notion of the immaculate conception allows women to fantasize with the idea of bearing a 'savior' and also allows many cultures to elevate women into sainthood through motherhood, the unspoken sentence against men is loud and clear: your spiritual development does not matter because your loins attest to your filth and the sensations that they bring to you attest to your depravity.

Is it then surprising 'civilized' men give a hoot about spirituality?

Is it then surprising there is no true concept of the importance of men's spiritual development and role within the context of a family and creation itself other than the guilt trips espoused by the very religions that generated this problem?

Is it then surprising 'civilized' men swing between lust and suppression and don't understand what it feels like and what it means to have Respectful interactions with women?

Is it then surprising 'civilized' men have no notion of the beauty and value of those men who not only tend to their Souls, Hearts, and Minds, but also to the quality of the sperm they produce and share with the women they Love? That men have no concept of the change they could bring about upon creation if they actually recognized the preciousness of their loins?

Now, one could try to counter argue this and say, “wait a minute, the Bible is full of men doing 'great things' – Enoch, Moses, the apostles… “ Yes, but under the premise of the immaculate conception, those great men who sexually engaged (or would have engaged) with women still conceived (or would have conceived) their children in 'sin'.

Thus the immaculate conception generates a split mind that is in conflict with itself. On one hand you have the notion it is acceptable and desirable for women to have children. On the other you have the notion that it is defiling for men and women to unite in Love because of men's loins. Torment, confusion, self-flagellation, and suppression and perversion is the fruit of this tree.

In Linda's slightly adapted words (words in bracket are mine):

> “It is a mistake for men to think that because they are experiencing a transitory physical expression designed with loins, they are prevented from entering the garden or that they are contaminated or made vile / evil / wicked / ruled and controlled by this. If men were in the Father’s Presence He would show them that He sees them as non of those things, that He sees them as men who are also children of the Father and therefore are only that which is Divine.
>
> If men sat down and understood what is the Divine Opposite of every single deception about their loins, then they would Know how Father sees them. This would facilitate their entrance to the garden, for as long as men believe that they are that despicable uncontrollable desire or lustful being, they inhibit any possibility of progression.
>
> Men have a lot of energy around this. As long as they believe they are contaminated, broken, damaged, and destroyed and thereby a destroyer, they

cannot progress. As long as men believe that as adult men they have to become everything vile and wicked that was done to them as children, they can't progress as men of Honor who walk with the Father. From such perception, being a man conveys no Righteous and Holy attributes. This is a deception.

This is part of that self flagellation stuff: Why do men self flagellate? Because they have loins. Because they lust. The painful stimulation of an orgasm is an indication that the energy of orgasm has been solicited through self flagellation. [The pain is absent when this distortion is corrected.]

The fact that men ejaculate now does not stand in their way. What stands in their way is their attitude about it. If men could just make it a non issue and they could know this will be taken care of in the time of transition, it will be ok. They have to make the decision ahead of time to have cast out of them everything that stands in their way of staying there when they get there. Otherwise, all this distorted energy around this stuff can prevent them from getting or staying there."

Here are some other problems introduced through the image of the immaculate conception:

- Mary was impregnated before marriage even though she had already been espoused to Joseph. In this, god 'himself' completely voids and negates the notion of sanctity of marriage. This is very demeaning to a man.

- After impregnating someone else's bride, god dumps the child rearing responsibilities onto her soon to be husband. God provides no 'child support' nor 'alimony' to help feed and raise his very own child.

- By exclusively associating the concept of Divine Seed with childbearing, the true knowledge of Divine Seed as the creative inspiration Creator shares with both men and women is lost. This leaves men Pure-Pose-less and denies the real creative potential women have beyond childbearing.

Now, couple this with the religious notion that "god" impregnated his own mother and now you may be able to see at play the works of today's major societal problems:

- men acting as instruments of darkness, death, decay, and destruction

- out of wedlock pregnancies
- 'one night stands'
- artificial insemination
- men desecrating their fellow men's brides or wives
- men forsaking their offspring without child support
- inappropriate parent / child relations
- desecration of humans – what difference does it make?
- marriage's purpose confined to 'lawful' multiplication

Coincidence or simply a massive scale Freudian manifestation of the violation that is conveyed through the image of the immaculate conception?

Could it be perhaps that men have actually been emulating the example set by the 'immaculate conception' all this time? Outlandish? Maybe. Maybe not. However, one thing is very clear: it has indeed been very damaging for humanity to allow itself to be lulled into worshiping someone else's image rather than developing its own communion with the Father Within.

Now let's set this mess aside and imagine how things would have been different if the world had been taught the story of Jesus' conception and his life along these lines (emphasis added for dramatic effect... drums anyone?).

> "Now **Joseph was a just and rational Mind, and he was skilled in all manner of work** in wood and stone. And **Mary was a tender and discerning Soul**, and she wrought veils for the temple. And **they were both pure before God**; and **of them both** was Jesu-Maria who is called the Christ."
>
> "And the angel came in unto her and said, Hail, **Mary**, **thou that art highly favoured, for the Motherhood of God is within thee**: blessed art thou among women and **blessed be the fruit of thy womb**."
>
> "And in the same day the angel Gabriel appeared unto Joseph in a dream and said unto him, Hail, **Joseph, thou art highly favoured, for the Fatherhood of God is with thee**. Blessed art thou among men and **blessed be the fruit of thy loins**."
>
> "**Fear not Joseph**, thou Son of David, **for thou hast found favor with God**, and behold **thou shalt beget a child**, and thou shalt call his name Jesu-Maria..."

> "**Then Joseph** being raised from sleep did as the angel had bidden him, and **went in unto Mary**, his espoused bride, **and she conceived in her womb the holy One**.
>
> "And in the eighteenth year of his age, **Jesus was espoused unto Miriam**, a virgin of the tribe of Judah... [49]"

How do you think society would have evolved if it had the Wisdom to know that man's Purity matters and is not defiled, lost, nor perverted by the presence of his loins and through physical expression with a woman?

How do you think society would have evolved if it had the Wisdom to know that children born of the Loving union of men and women are not the product of sin and therefore not de facto second class citizens upon Creation?

How do you think society would have evolved if it understood how much men's virtue matters? If society understood to what great extent men's offspring is affected by men's spiritual development?

What kind of children do you think a man would procreate if:

- he saw to it that, as part of his Life, the "fruit of his loins" was Loved, Nurtured, and Nourished, cleansed from all mistakes and degradation, full of Honor and Integrity? Full of Truthful knowledge of Creator and Creation, of his Divine Origin and Ancestry, and Free of bondage?

- This man then shared his great gift with a spouse who gave attention to Nourishing, Loving, and Awakening the "the fruit of her womb" as part of her Life?

- This man and woman came together not in a lustful way that released adrenaline – a substance that signals danger and fear of death to the body and would therefore imprint these emotions to the 'child to be', but actually came together in a Caring and Gentle way that signals Health and Life?

[49] From "The Gospel of the Holy Twelve – also known as The Gospel of the Perfect Life" edited by Rev. Cideon Jasper Richard Ouseley, issued by "The Order of At-one-ment" and "United Templars Society" in 1954. Emphasis added for clarity. Quote for educational purposes only and not as endorsement for accuracy of content.

What kind of children do you think society at large would beget and raise if it knew that the union of Pure men and women brings forth Holy children? Wouldn't it stand to reason that such a society would take utmost care to ensure these children remained, maintained, and grew in sanctity of their Holiness? Wouldn't it stand to reason that such society would take immense care of their surroundings to support such Holiness?

What a difference indeed.

It is truly time to wake up and void the spell and the false image that was forcefully imprinted upon our forefathers through torture, abuse, slavery, death, and eternal damnation in hell. Childbearing that results from the union of men and women is not a choice to succumb to carnal desire and therefore a sign of our unwillingness to place 'god above all else'. Quite on the contrary. Childbearing is so Sacred and Precious that, as Father explained to Linda and I, it should only be undertaken by individuals who have taken great care to develop a natural knowing of His Creation and Good Will. Individuals who are thus able to provide the natural conditions children require to develop into the men of Virtue and women of Graces they were always Created to be.

This is to say, whether we would like to admit it or not, the vast majority of us is truly not ready to raise healthy children and as a sign of Respect for future generations, should therefore abstain from reproduction until we learn to do it Differently.
Instead, as explained before, the vast majority of us would be significantly more Joyous embarking upon a Light Hearted Journey of re-discovery.

While this statement may be troubling for someone who has already become a parent, this information is not being provided to “chastise” parents, or make them feel guilty about their choices. Neither is it provided to take away the Joys of parenting that they have or are experiencing. Rather, it is being provided to give them the tools needed to help their children or perhaps grandchildren do it differently.

The question then becomes what should one do with all that creative energy that so abundantly flows through us, especially during puberty? Simple. We would use it to support and express our creative nature in ways that would set us Free.

## Men:
## “Blessed be the fruits of thy lions”

# Women:
# “Blessed be the fruit of thy womb”

Please,
do take care of yourselves
and your children.

What you do,
where you are,
and what you KNow
does matter.

## Artificial insemination

The topic of artificial insemination is quite a touchy one for me. What I will share with you is not conjecture on my part or any one else's for that matter. It is derived from the actual experience I was given and which made it possible for me to know firsthand the inner struggles those who are born of artificial insemination have. This experience allowed me to sense firsthand not only how such people feel about themselves and those who participated in such activity, but also how their perception of Creation is affected by their unnatural conception.

Yes, this is probably a purely subjective point of view, but do keep in mind that so is science's.

If I were to summarize what I have learned from personal experience regarding the issue of artificial insemination I would say something along these lines: it is performed by those who have lost the most basic understanding of the Sacredness and Preciousness of Life. People who have lost the most basic understanding of how the feelings of Love and Compassion Play an essential role upon Creation. This technology is cold, calculated, devoid of feelings, and therefore brutal and alien to humanity and this gets imparted into the 'product' of such technology- whether it be human, animal, or plant.

Yes, I know, in theory there appear to be so many 'wonderful' benefits to this technology... the barren couples who can now have children... the genetic defects that can now be prevented... the excellence in animal and plant specimens that can now be obtained... and so on. Yet the fact remains the same: the driving force behind this activity is complete ignorance or lack of desire to address the underlying problem in a way that is Harmonious with Creation. It is all about maintaining the alienation with Creation and Creator and trying to get away with it.

The mentality that brought forth artificial insemination doesn't care about Soul learnings, or about nutrition, or a natural way of life that supports fertility and health in couples. It doesn't care about whether genetic deficiencies are the result of unhealthy lifestyles that could easily be changed. It doesn't care about evaluating whether the way humans, animals, and plants are being raised and managed results in genetically inferior specimens that are susceptible to all kind of diseases and pests. It doesn't care about Love and Respect for all Life. Instead, it incites the illusion humans can keep

marching on toward self destruction and use genetic manipulation to bypass the most pure and fundamental Laws of Creation without consequences to self or those affected by such technology or way of life.

During the weeks I had to deal with the awareness I was given regarding artificial insemination, I had to grapple with the following emotions:

- hatred toward those who dared interfere with my body and choice to develop my own characteristics
- hatred for being forced to be born – what right did they have to do this?
- awareness of the coldness of conception – just one more product in the assembly line
- utter lack of a feeling of Self Love or Love for Creation
- hatred for the coldness of my conception
- notion of being a freak
- lack of appreciation for the importance and value of sexuality
- anger toward Living God and his Creation
- anger toward parents
- a sense of alienation from Creation since Love is an integral part of it and I had no experience of such in my conception
- bitterness and resentment toward those who were conceived naturally
- perceiving creation as a cold and uncaring place

Interestingly enough, while I was grappling with this experience, I came across information reporting the presence of 'alien races' on Earth that are presumably involved in the genetic manipulation and hybridization of the human race. You might be aware of how this is purported to be for our benefit and the benefit of Creation... yet I tell you, from what I was shown, I can confidently say that these so called 'advanced beings' know nothing of the meaning of Life and Love. Therefore they are utterly incapable of knowing or establishing what Harmonious Evolution with Creation / Creator is all about and thus what is best for humans. For if they knew of Love and Life, of a certainty I can assure you, they would not meddle with artificial insemination and genetic manipulation and they would not deny those babies the experience of being born out of the physical union that comes from a man and woman who know Love.

Rather than trying to 'outsmart' Creation - like children who are trying to sneak in unnoticed to steal that cookie they are not meant to have - it is truly time we get a grip

and recognize that this particular cookie we have been after is deadly and must be thrown away.

It is time we stop living under the insanity of those who are dead to Love and Life. The dead cannot solve any problems in a way that benefits the Living. Instead, it would be to everyone's benefit, including the dead's, to turn our eyes back to a Life that is Harmonious with Creation and the Good Will of the Father Within.

Remember:

Father Which Is in Heaven:

*Good Will*
*is that which is your Father's Intent for you.*

*His Intent*
*is for your Blessedness, Wholeness, and Completeness*
*out of the Consciousness / Awareness of the*
*Love that you are.*

***Will His Intent for you to be manifest.***

The question then remains, how does one who was born of artificial insemination restore herself / himself to Love? And for that matter, how does one who was born out of an unloving physical union restore herself / himself to Love? The answer I was given is quite simple indeed. Follow Anastasia's [50] suggestion and go back in time until you get in touch with your forefathers who knew Love and conceived your great... great... great x ? ... grand parents in this Love. In Loving them, they Loved you too and that Love is yours to claim and experience.

How beautiful is Love's warmth indeed. Thank You Father, thank you Anastasia, thank you Vladimir for making this answer available.

[50] Refer to Vladimir Megre's Ringing Cedar Series.

## *To multiply or not – that's the question…*

While finishing up some of my last thoughts for this book, the idea came to me, that perhaps, given that this is a book on parenting, it was time for us to consider whether it is truly the Good Will and Intent of the Father / Living God for humanity to reproduce nilly-wily upon the Earth.

Wait a minute there! I think I hear something! Yes… someone is speaking… or is it many who speak? I see, they are actually shouting:

> "Are you out of your mind!?!?
>
> How dare you pose such a question and even consider transgressing God's command to man and woman? It's clearly written God told them to 'multiply and replenish the Earth'.
>
> Don't you know what happened when Adam and Eve broke another of his commandments? You know… the one about the tree? All hell broke loose.
>
> Not only were they cast out of Eden and cursed to a life of misery, struggle, pain, hardship, and suffering, but then God had to torture and kill His only begotten son at the cross. And if this weren't enough to pacify God for their mistake, we still have to go through the carnage and bloodshed of armageddon only to have to go through all of this again 1,000 years later when He will release all the demons upon the earth once again.
>
> All of this just for eating a fruit!
>
> Don't you dare consider questioning the validity of that first commandment to multiply. There is no telling how much worse it could get…"

Well… maybe they do have a point…

… perhaps we should just ignore this question and avoid such additional misery in our lives… or should we?

Now, when you think about it just for a little bit, it really would take an unimaginable cruel God to come up with worse penalty than what he has already imposed upon Adam and Even and their descendants for that one mistake... their very first one ever...

... which begets the question...

... would a Benevolent, Loving Father / Living God who Wishes nothing but Peace, Harmony, and Abundance for His children come up with such cruel and unusual punishment?

Linda and I carefully posed these questions and concluded that it would be safe indeed, and perhaps even wise, to ask Father Which Is in Heaven about this particular command to 'multiply and replenish the earth'.

And Father Which Is in Heaven Lovingly explained to us that indeed such instruction had been issued...

... but not to man and woman as is presented...

That's right!

We were never meant to mindlessly multiply
like rabbits or kudzu...

Wow! Can you feel the spell break? The burden lift?

The breeze of fresh air refreshing your perception of reality? Freedom knocking at your door?

Just let go of the disbelief and perhaps anger... and move on to a Bright New Day.

## Refined Code to Joy Contemplation

by Linda Diane Mead, PhD.

The last time I read the copy right laws they had been changed to indicate that as long as a person uses their own words to express a concept / idea or any written material that it was unnecessary to identify the authors or material from which the original creative writings were thieved.

This is not a concept I agree with. Perhaps this is in part, due to my education in research and citing your sources, but I believe it is more in the Spirit of Truth, that I hold it to be the case that the creative results of a person's work should be acknowledged when providing inspiration or foundation for the creative progression of other People.

While the authors of Code to Joy credit many creative disciplines that contributed to their refinement of a process that has yielded excellent results, in my creative progression I would further refine their process based on my experience with Father.

I would like to suggest that you take the time to write out the words, sentences, concepts that you are changing from unrighteous / unholy emotions to feelings of your Divine Expression such as Love, Peace, Joy, Self Respect.

[An] accompanying audio file has been placed on our blogs to provide a contemplation of this process using the changes that I believe align this process with what Father teaches. The file is called 'Refined Code to Joy' [51].

Martin and I have had an excellent demonstration of the healing potential utilized in the various disciplines combined in this process. Sharon Berry was most notable in these experiences and we send Heartfelt Thanks to her and her family.

The first step that you might consider in freeing your energy body from core issues that you Desire to end, is a breathing technique that is intended to balance your energy body. In a seated position with your spine erect, shoulders relaxed, and chin aligned in a straight forward position, neither up nor down, cross your chest with your left arm and place your fingers on the right side of your collar bone. Next place your right arm over you left in the same manner. Cross your ankles in the opposite manner, placing

[51] This audio file can be accessed at www.bluestarway.com/rosenoelblog.

your left ankle over your right . You will find it possible to a greater extend than you might imagine, even with physical challenges to accomplish this simple seated position. As you have relaxed in this position breathe in through your nose and out through your mouth. With each in breath, place the tip of your tongue just in behind your front upper teeth. As you breathe out through your mouth, place your tongue behind your lover front teeth. Continue this alternate breathing for a few minutes until your feel peaceful and relaxed.

**Step 1 b**
For me using the 'I am' words is a powerful statement of our Divinity. I would not subscribe to the utilization of 'I am' combined with statements of unrighteous unholy expression as a way to identify self limiting beliefs.

Therefore as an example, I suggest:

> damage, pain, sorrow, regret, prevail
> because I don't deserve better

This statement of false belief does not empower unrighteous unholy false beliefs about the Self through 'I am' statements.

**Step 2 b**
I believe that grounding with the Earth is a very powerful healing process, however I avoid the visualization of body cables running through the Earth. Instead I would suggest visualizing laying in the green grass under a tall tree, flowers nearby, sky crystal blue with puffy clouds and balmy cool breeze with sunshine for the time of day you find most nourishing.

In this visualization, experience the Earth energy around you. The trees, shrubs, flowers, the sky, the breeze, the Sun, and the Earth herself are energizing, healing, and restoring to the physical body.

**Step 3 a**
As I have suggested in my blog, rather than visualizing a solid object which can be retrieved, visualize joyous soap bubbles leaving you. As the soap bubbles leave, the negative experiences you seek to end, are cast out with the bubbles.

As the bubbles “poof” so do the unrighteous unholy events, emotions, experiences, people, that you seek to remove from your energy body. After all the bubbles you see are pearly clear and no more bubbles form to carry energies away from you, ask that any unrighteous unholy energies you carry from past generations be “poofed” in beautiful soap bubbles.

When you are free of those energies, ask that all future generations beginning with children, grandchildren and any other future generational energies that are currently affecting your freedom from this false belief be “poofed” in soap bubbles until they leave free and transparent and puff away.

If there is any energy that appears more tangible, solid, heavy, too large, too much of a burden to be carried away and “poofed” in a magic bubble, I might suggest taking that false energy to the Altar where you ask the Father to lift it from you that you may be filled with Truth.

**Step 3 b**
As a parallel statement to the false energy that has been lodged in a person’s body one might say, “because I am Love and Power, the Rapture, Rhapsody, Power, Plan, I express Truth in Joy and Peace”

Whatever statement you create for this Truth regarding your Self, you may find that it evolves creating increasingly more accurate statements in as little as the five suggested repetitions.

**Step 3 c**
A list of the things, images, experiences, Life you Desire would be more personal than the suggested options and would increase its benefit. They might also include your whole and complete expression of Knowledge, the Wisdom of Truth.

## *Just a thought*

Children come to this Earth with a Pure-Pose ( refer to “First Righteous Endeavor” in this Appendix ) and will seek out the experiences they need to prepare for that. This will most likely include Healing Soul issues.

As parents, it is our responsibility to learn to Discern when this is the case and when our children are being misled or about to have an experience that will be detrimental rather than beneficial to their journey. An obvious example would be a child reaching for a pot of boiling water. A perhaps less obvious example would be a child who is engaging in activities that degrade or demoralize the Soul.

This can be done through our own spiritual development and growth which includes developing a healthy relationship with Father Which Is in Heaven. This is to say, no matter how you look at parenting, parenting is a task that requires utmost spiritual and physical development and preparation by both parents.

Please do your part and support your children in doing theirs. We must stop repeating generational mistakes if we are to change our future. It is Truly time to make Different Choices.

## *Our children's safety*

Adapted from Linda's writings

When we are a child and we are abused, it seems like Father isn't or wasn't there for us. But here is the problem with this perception. It is twofold.

While parents or caregivers can act in children's behalf and safety by Divine Grace and Divine Direction, they are not responsible for children's safety. Safety is a function of Guardian Angels cooperating Harmoniously with children's capacity to Know and Manifest the Truth of Father's Good Will and Intent for them which does include Guiding and Directing parents and caregivers in this regard.

Unfortunately there are no examples of even Right and Proper parenting, let alone Righteous and Holy parenting so it is difficult to recognize this. Instead we are indoctrinated into thinking that it is the 'spiritual and civic way' for parents to take responsibility for their children's safety, especially if they want to avoid jail.

Thus when parents or caregivers mistakenly take this responsibility upon themselves they put interference between children and their Guardian Angels to whatever extent they do so. In other words, by making themselves responsible for children's safety, they "take away" the Authority of Guardian Angels to act as they see fit for children and to Guide parents or caretakers as needed in this process. Why? Because Creation and thus Guardian Angels Respect people's choices. The greater the extent to which parents take that responsibility upon themselves, the greater the reduction of Guardian Angels' Capacity to act in children's lives and to Guide parents or caretakers in this respect.

When children have parents who have this mistaken belief, they themselves may acquire the notion that parents are supposed to be responsible for their safety. This happens because children are able to perceive the thoughts, intent, feelings, and emotions of their parents.

When children take on this false belief they literally turn away from their Guardian Angels and from the innate safety that comes from Knowing Father's Good Will and Intent for them. That is to say, by turning their attention toward their parents or caretakers they turn away from Truth and invite deception into their lives. Father calls the misalignment that results from this turning away from Truth and unto another

leaning. This leaning causes all sorts of trouble and attitude problems. It leaves people vulnerable.

Guardian Angels cannot do their Job of keeping children safe to any greater extent than they are allowed to do it. Whether it is because parents feel responsible, or children inherit or absorb this false belief, or children take on the responsibility for the parent, or if parents don't feel responsible but do not act as directed / guided by Guardian Angels and do not teach children about the safety that automatically comes from knowing the Truth of Father's Good Will and Intent for them.

The more generations this goes on, the stronger and greater the difficulty. The longer this deception plays out the greater the atrocities that can be done to each new generation.

While there are many children who have a parent, or grandparent, or someone who has enough moments of Clarity about the Truth of Father's Good Will and Intent to spare them from circumstances that would have taken their life or damage them severely in some way, these events are less and less frequent and mainly unidentified and unrecognized. Thus they cannot be duplicated from generation to generation.

The bottom line tough is that through deception, we have used our opportunity of free will to do inappropriate, unrighteous-unholy things that are creating an environment in which children (and adults) are no longer safe.

Every person man or woman who engages in pornography, even if it is not child pornography, is supporting sexual abuse of children. Every person who supports the ways and means of violence, of death, decay, destruction is supporting violence toward the children. Every person who says “I can’t do anything about vaccination of my children” and vaccinates them is supporting the destruction of future generations as well as those children who are being vaccinated. A generation of defective, malfunctioning children is being created by parents who were the beginning of that malfunction. This is why raising children is not to be undertaking by everyone. It is a sacred journey, it is a calling in life, and it takes a person of advanced spiritual expression to succeed at this.

How many of us if we recognize the need to keep our children safe can do it in complete Faith and Trust that Knowing and Manifesting the Truth of Father's Good Will and Intent can and will keep them safe? Do it in a way we take non of that

responsibility? Do it in a way we simply keep our thoughts Pure and our actions Divinely Directed while focused on the Truth of Father's Good Will and Intent? Do it in a way we teach children to do the same?

To succeed at this, parents would have to be Harmonious with the Divine Plan, Will and Intent for them and their children and have a full recognition of Father's Desire for everyone to have an Abundant, Healthy, Creative, Joyous, and Safe Life free of tragedy. They would need to have a full understanding and ability to successfully teach their children by example, that safety is fully dependent on one's Truthful Knowledge of Father's Character, Nature, and His Good Will and Intent for us. That safety is ultimately a personal responsibility based on each person's ability to walk in Truth and that therefore one cannot receive Divine Protection when one accepts the lie that 'evil' or 'misfortune' can strike at any time or when one looks toward the world / false gods for safety[52]. This is another reason why not everyone is ready to be a parent.

Typically in the deception people would be told that they need to forgive their parents for not being able to save them and that they need to be able to forgive themselves for not being able to save their parents, children, and grandchildren. Isn't it funny how it pivots around them? Forgive / save their parents, save their children, save their grandchildren. However, Father has never taught us to go around forgiving or saving people in the way it is taught in the world. Instead He has indicated we are to simply focus on knowing Truth and implementing it.

Blame and condemnation are not part of the Father, neither are they part of what He would have for us whether toward another or toward self. This makes the notion of forgiveness unnecessary. Once you recognize the problem, you let go of any sorrows, grudges, angers, and pains. You then make a a different choice and move on. You just do it differently. No big deal. You identify the problem. You learn from the mistake.

No one to blame.

[52] This is why billions upon billions of dollars have and continue to be invested in turning our attention away from Truth and toward the deception which would have us believe not only that god wishes us ill and condemnation for our sins, but also that anyone with ill intent can hurt us. This is a huge lie. History only proves what happens when one turns away from Truth and accepts deception.

No one to condemn.

You simply correct the mistake,
make the necessary changes
and move on.

## *Wake up time*

(adapted from Linda's notes made during 2011)

If we are unconsciously waiting around for the right time to wake up and in the meantime enduring all the attack, we are making a serious mistake.

If December 21, 2012 were the right time to wake up and we are all just waiting and enduring the deception and allowing gulf oil spills, man made earthquakes, and so on to occur then we are making a serious mistake. We need to wake up now.

They have everyone sleeping until the end of 2012 because we are not supposed to wake up before then. Before 2012 it was the millennium. As soon as the millennium was over or by the time it was happening, the notion of 2012 was in place. Now they are already talking about 2020 something. Waking up from the deception is always some day out there. Somewhere, sometime, Jesus is going to return and we have to wait until then for "the time is at hand."

**In Truth, <u>Now</u> is the time to wake up.**

As soon as you can recognize you are dreaming an attack and you can make the choice to wake up and consciously give your attention to the Father, that is the time to do it. Remaining in the dream, struggling, resisting, receiving the attack, because it is not time to get up is the most incredibly stupid deception we participate in. It is so totally empty that it is amazing we participate in it. Maybe we need a planetary alignment... maybe we need a savior... maybe we need an armageddon... maybe we need a one world leader... maybe...

No!

**<u>Now</u> is the time to wake up.**

It is only we who are participating in the deception who are asleep in the deception. Who seek this state of perfection, healing, or future "predestined" event before we can walk with the Father. When in reality Father already sees us in our perfection and He asks nothing else for us to walk with Him other than we stop putting the deception before our walk with Him.

As long as there is one thing that we have to tidy up, finish up, end, receive, or an event we have to wait for, we keep ourselves asleep in the deception. There are so many things that we do throughout the day that have no impact on our journey with the Father that we are kind of lulled into forgetfulness rather than standing porter at the portal of our mind.

Father has no concern for, no blame for the fact that we are being attacked. His only concern is for us to NOT receive it. For us to keep our mind on Him so we can In-Joy our walk in His Garden and receive the His Gifts that would delight our Heart every day.

It is like the fine art photographer Mike Bowman said: every day he does something to further his photography.

In every choice we make, let us choose to further our Journey with the Father upon His Garden.

**Now is a good time to start.**

We are Truly at a point of amazing changes in us. Everything that is happening within and outside our solar system and many of the things that are happening upon Earth are creating a point wherein we can progress dramatically in our spiritual expression of All That Is Divine. A point wherein we can leave the deception behind and enter a whole new Reality. In the face of this event, what is it really to us what darkness, death, decay, destruction, and their purveyors are doing? Why waste our time with them?

Like the song: “What's it to you?”

Let's change our focus from the deception and lies we have been told to the Father Within and our walk in His Garden unto Source. Let's change our focus from wanting to protect ourselves from darkness, death, decay, and destruction by knowing their plans and prophesies to implementing Father's Plan to restore Heaven to Earth without the need for a single shot to be fired.

The deception and all the other stuff they would have us believe in and be mesmerized by is none. It is null, just like with math. The zero, the nine, the ten, negative numbers... non of them exist. They are a lie, a fiction of someone's malfunctioning imagination.

Rather than fighting against imaginary numbers, let's just stop using them. Let's just go around darkness' castle whistling a happy tune and move on never looking back.

Just focus on the Joy of Father's Plan and what He Desires for us and our children and manifest this in our lives.

Father Which Is in Heaven:

*Divine Intent is for your Journey to begin*
*wherein Peace and Plenty reign Supreme.*

*Take one step at a time*
*in the general direction you should go,*
*Lovingly and gently.*

*Let your Heart warm in the Sun*
*of a Greater Nature of which you are*
*more capable than you Now Know.*

## Now is the time

May you have a most Wonderful and Joy-full Journey with the Father...

## It need not be difficult

While it would be nice to say that from now on you will walk on a bed of roses, it is unfortunately the case that things may get tougher before they get better. This is not a sign of weakness or failure on your part but rather of the times in which we live.

Until that day in which you have that 'aha' moment which ends all energy drains, energetic attachments, entities, parasites, bacteria, fungus, and so on that feed on your unhealthy energy, sorrows, and malfunctions, you may experience an increase in 'opposition' against your progression toward a Different Life. This is initially so because as you nourish and strengthen yourself you are also feeding and strengthening everything and anyone who is feeding on you and thus doesn't want your Freedom.

Resisting and fighting this 'opposition' will only make things worse by further draining your energy.

The answer to this dilemma is simple though difficult to implement at first: turn your attention to Father whenever you become aware of an attack. As you continue in your walk or journey with the Father keep taking any necessary corrective actions that facilitate you reception of your 'aha' moment or shift in consciousness. As explained before, these actions are not taken in lieu of walking with Father or in preparation for walking with Father, but rather in conjunction with our walk with the Father. Healthy Joy and Laughter (that is one that is not based on someone else's misfortunes or depreciation) are excellent for purging parasites, entities, bacteria, and fungus that feed on sorrows, pains, and misfortunes / malfunctions. Cleansing the body and eating fresh food is also beneficial. Ending unhealthy relationships, environments, attachments are a necessity as well.

Other 'opposition' may come from your own 'defense' mechanisms that protected you from perceived danger in the past. For example, if you learned as a child that following your Heart was 'dangerous' or 'wrong' and you established a defense mechanism to keep you from doing so, then any action you take now to follow your Heart will be sabotaged by this mechanism. Or if you were afraid of other people's anger then you may have to deal with a defense mechanism that will make it difficult for you to stand up for yourself – even if you do it without a fight. Thus the path toward sovereign expression requires that we look within with compassion and understanding and set ourselves free from that which doesn't serve us anymore.

This is a transition time that may 'stink.' Some things may fall apart, others may seem to worsen, friends and family may turn into obstacles, 'darkness, death, decay, and destruction' may show their ugly face, and deep fears, angers, and hurts may rise for purging.

No big deal. This time need not be distressing now that you know what it is and why it is happening. Neither does it have to be lengthy or overwhelming. Cleaning a house can be seen as a burden or done with great anticipation for how good it will feel to enjoy its cleanliness. With the right attitude, even the cleaning itself can become enjoyable. Just be Honest with yourself. If you're not ready to let go of a hurt then don't. No need to blame yourself or feel guilty about it. Simply allow the possibility for you to reach a point in which you will see things Differently and then, when that time arrives, let go of the hurt and welcome the Divine Attribute of yourSelf you choose to experience instead.

Please keep in mind that we talk about letting go of misunderstandings / false assumptions and correcting malfunctions / misalignments that interfere or inhibit expression of our Divine Nature. This is different than 'self improvement' which presupposes one is not good enough and must do something to become better or more worthy. This is an important distinction to be aware of with children – parenting is not about making children 'better.' It is about allowing and supporting their Divine Nature and letting go of that which interferes with it.

Just keep taking one step at a time until at last the Sun rises upon your Endeavor forever more.

Father Which Is in Heaven is ever Present with you during these times. Know you are prevailing with Him. Know the Answers you need are already available to you and are simply awaiting your receptivity.

Here are some tidbits from Source:

*It in no wise is required that you work hard*
*to be that which you are - "a Labour of Love."* [53]

–

*Too attached are you to mortal endeavor*[54]*.*
*It is not in the doing,*
*as most would have you believe.*
*It is in the wonderment of a single moment*
*wherein you are free of debt, sorrow, fear.*
*All that remains is Pure Peace of Joy.*

–

*You are nearer your Design*
*when in Joy / Love*
*than in bitterness and sorrow.*

–

*By release of that which "binds / ties" you,*
*you are free to move forward / progress*
*to the Love that you are.*

–

*Each time you seek / see sorrow,*
[choose instead to] *Rejoice,*
*for it is in your Greater Tomorrow*
*you shall see fruition.*

[53] The forward motion (birthing) of mySelf as *Love*.
[54] Those things that bring you closer to death.

*There is / there are more obstacles*
*to your Endeavor*
*that could come to fruition*
***if*** *you were to embrace them*[55].

–

*Rather than lamenting this time,*
***Rejoice.***
*For you are nearer your goal at this moment*
*than ever before.*

[55] Note the 'if'. This is to say, we have a choice when we realize obstacles are **not** inevitable and can be easily avoided when they are not embraced nor welcomed in our Lives. Learning to not take the 'bait' is an important skill to develop.

## Empowering Goodness

Here is some Wisdom shared to me by one of my Guides.

- Focus on creating Goodness rather than creating fears or demons.
- Fearing “evil forces” creates evil.
- Respecting the Living God and Respecting the Living God in you creates Beauty and Love.
- Don't fight anything. Don't fight against “evil forces.” In doing so you give them power.
- Empower Goodness. Empower Completeness and Wholeness. Empower Perfect Energy Flow.
- As long as you are creating demons, you won't be able to Heal.

No one to fight, no one to overcome...

# About the Authors

Linda Diane Mead was born and raised in these United States of America. She obtained an under-graduate degree in Psychology with a minor in Philosophy and a PhD in Metaphysics from a Theological School.

Martin Riedel was born in Argentina, South America, and lived in Uruguay and Mexico as he grew up. After beginning college in Mexico he came to these United States of America, where he graduated with a degree in Chemical Engineering.

Upon meeting, they embarked on a memorable journey of self discovery that took them across the States. This book is one of the many fruits of their 'Labour of Love.'

Linda left the material plane in 2014.